Commerce Township Richardson Review

July & August 2025

Richardson Community Senior Center

1485 E. Oakley Park Rd. Commerce Township, MI 48390

Phone (248) 926-0063 Fax (248)325-5349 8:00am - 4:30pm Mon - Fri

www.commercetwp.com

Director

Emily England eengland@commercetwp.com

Staff

Allison Kennedy akennedy@commercetwp.com

Letter from the Director

As the warmer weather arrives, we're excited to welcome a season full of sunshine, fresh air, and fun activities here at the center! Along with our daily activities, we have a day trip planned, crafts and delightful picnics right here at the center—perfect for enjoying good food and great company. Don't forget about themed lunches and Book Club!

Please remember that many of our activities and special events require advance registration, and spots tend to fill up quickly. If something catches your eye, be sure to sign up early so you don't miss out!

Also, a friendly reminder that the center will be closed on **Friday**, **July 4th** in observance of the Independence Day holiday.

We look forward to sharing a joyful and active summer season with all of you!

Sincerely, Emily & Allison

Commerce Township provides information about seminars and workshops, we do not endorse any private company; we merely inform consumers of the availability of the service. As a consumer, you are encouraged to independently research and ask for referrals. SIGN UP FOR ALL FUNCTIONS AND EVENTS AT THE CENTER WILL TAKE PLACE ON June 26 @ 8AM. NO RESERVATIONS WILL BE TAKEN BEFORE 8AM. PLEASE LEAVE A MESSAGE, WE GO BY TIME STAMPED ON VOICEMAIL, YOU CAN ONLY RESERVE FOR 2 PEOPLE WHEN YOU CALL.

Senior Lunch Program

The senior lunch program is available Monday thru Friday at 12:00 noon. Please, call our center to reserve your lunch a minimum of 2 *business* days in advance. 248-926-0063



Important Phone Numbers

Commerce Twp. Offices 248-624-0110

Police Department Non Emergency 248-858-4950

Commerce Twp Library 248-669-8108

Alzheimer Association 800-337-3827

> AgeWays (Area Agency on Aging) 800-852-7795

Social Security 800-772-1213

Oakland County Health Division 800-848-5533

Haven 24 hour Crisis Line 877-922-1274

> Meals on Wheels 810-632-2155

People's Express 877-214-6073



CLIP THIS COUPON AND RECEIVE 1 FREE LUNCH THE MONTH OF YOUR BIRTHDAY!

PLEASE CALL 2 DAYS IN ADVANCE TO REGISTER FOR LUNCH

248-926-0063



RICHARDSON SENIOR CENTER Day: First Wednesday of the month

> Time: 10AM - 2PM Lay papers flat No paper clips Remove items from envelopes Only items that need shredding No checkbooks

Donations are always welcome at the Richardson Senior Center. Here is a list of supplies we use: Coffee Napkins Small Plates Paper Towels

Plastic Silverware

Richardson Senior Center

<u>Monday</u>

9:30 - Total Body 11:00 - Mahjongg 12:00 - Lunch 12:30 - Bingo 1:00 - Yoga <u>Tuesday</u> 9:30 - Knit & Crochet 10:00 - Woodcarving 12:00 - Senior Lunch 12:30 - Euchre 1:30 - Zumba Gold

<u>Wednesday</u>

9:30 - Total Body 12:00 - Senior Lunch 12:00 - Pinochle <u>Thursday</u> 10:00 - Yoga 12:00 - Lunch/Movie 1:30 - Zumba Gold <u>Friday</u> 9:00 - Art 9:30 - Total Body 12:00 - Senior Lunch 12:30 - Mexican Train 12:30 - Hand/Foot 12:30 - Bridge

3

UPCOMING EVENTS

Thu. July 3 - No Yoga Fri. July 4 - CLOSED Tue. July 8 - Potluck Lunch Wed. July 9 - Computer Help Thu. July 10Care Patrol Pizza & Movie Tue. July 15 - Avoid Fraud and Scams Wed. July 16 - Hospice Fact or Fiction Thu. July 17 - Picnic in the Park Tue July 22 - Daytrip Michigan History Museum Wed. July 23 - Candle Craft Tue. July 29 - Theme Lunch Wed. July 30 - Juke Box Bingo Wed. July 30 - Book Club

Tue. Aug 5- Potluck Wed Aug 6 -Dermatology Screening Thu. Aug 7- Care Patrol Pizza & Movie Wed Aug 13- Computer Help Tue. Aug 19- Red Cross Blood Drive Wed Aug 20- Ask the Attorney Tue Aug 26-Theme Lunch Wed Aug 27- Book Club





Art Group Friday 9:00 - 11:00



Mexican Train Friday 12:30-3:30



Monday

12:30 - 3:30 \$0.25/card

Knit & Sew Tuesday 9:00 - 11:00



MahJong Monday 11:00 - 1:00







Debbie's vinyasa style class welcomes all levels, including those that have never practiced. The flows are developed with the senior body in mind. Debbie is RYT200 certified with 5 years of teaching experience and has been practicing for 15 years.

Richardson Senior Center Monday 1:00 PM - 2:00PM Thursday 10:00 AM - 11:00AM

COST: \$5/CLASS



Patty has been interested in fitness her whole life and is passionate about helping others feel great and has been working with the senior population for several years. As a martial arts teacher for over 15 years, she is also certified in strength and training. Patty also received certification from Beaumont Hospital as a yoga therapist.

Work at your own pace on Strength, Balance and Mobility, with Patty to keep our bodies strong, healthy and flexible while having fun with friends at the same time!!

MON, WED & FRI 9:30 AM - 10:30 AM COST: \$2/CLASS





Come Dance with Maria

Along with being certified in Zumba Gold, Maria has a variety of Zumba certifications including Zumba Brazil, Zumba Core and Zumba Glutes. No previous experience needed to join this class as all participants are encouraged to do what they are comfortable with.



OTLUCK

Do you enjoy cooking/baking and enjoy lunch with friends?

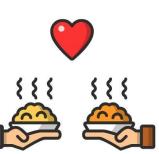
Check out our monthly potluck luncheon!

TUESDAY JULY 8 11:30 AM main course: cheeseburgers TUESDAY AUGUST 12 11:30 AM

MAIN COURSE: HOT DOGS

**PLEASE, BRING YOUR OWN PLATE AND UTENSILS

**Please, note the time change



The main course will be provided by the Richardson Senior Center. 1. All participants MUST signup 2 days in advance

2. All participants MUST bring a dish to pass 3. Bring enough to serve all in attendance

(Menu subject to change without notice)



SENIOR LUNCHEON

TUESDAY, JULY 29 11:30 AM MAIN COURSE: BEEF RAVIOLI TUESDAY, AUGUST 26 11:30 AM

MAIN COURSE: STUFFED STEAK

Our monthly senior luncheon on the last Tuesday of every month is FREE to all seniors 60+.

Registration is required 2 days prior to luncheon



Stop by for your monthly blood pressure screening compliments of Affinity Senior Care.



Movie & Lunch





July 3: **July 10** July 17

July 24

July 31

August 7

August 14 August 21 August 28 Twisters Daddy's Home 🧀

The Problem with People The Greatest Showman Chips

IF

Just Getting Started Crazy on the Outside Mission Impossible :7

AND NO.

PG-13 (2015) PG-13 (2024) PG (2017) R (2017) PG (2024)

PG-13 (2024)

PG-13 (2017) PG-13 (2010) PG-13 (2023)

Cost: \$3.50 No charge if you bring a lunch

Please call **248-926-0063** to reserve your spot today!



Space is limited

July 10 & August 7

Sponsored by:





ARE YOU LOOKING FOR ASSISTANCE WITH A COMPUTER OR TABLET? HAVE QUESTIONS ABOUT A SPECIFIC PROGRAM?

STEVE FROM THE LIBRARY WILL BE HERE TO OFFER COMPUTER HELP!

JULY 9 & AUGUST 13 2PM - 3PM

RESERVATIONS ARE REQUIRED! 30 MINUTE TIME LIMIT

Ask the Attorney!

August 20

Appointments start @ 10AM

Please call 248-926-0063

to book your 15 minute

consultation with the

attorney.

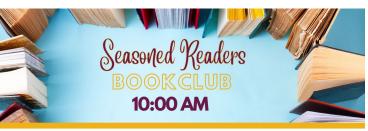
DIXON LAW PLLC

MELISSA D. DIXON (248) 684-9742

Estate Planning

Elder Law Trust Administration

Probate



GROUP MEETS AT: RICHARDSON SENIOR CENTER

July 30:

All the Broken Places

By: John Boyne

August 27 :

The Measure By: Nikki Erlick





Conncert in the PARK

Richardson Community Center



FREE COMMUNITY EVENT

Avoiding Frauds & Scams

Tuesday, July 15 10am - 11am

Richardson Senior Center

Please register by calling: 248-926-0063







HOSPICE: FACT OR FICTION?



Join Hospice of Michigan for a discussion on Hospice & Palliative Care. Test your knowledge & bring your questions!

Lunch will be provided.



Wednesday July 16, 2025

LUNCH & LEARN: 11:30am - 1pm

LOCATION:



The Richardson Community Center

Registration is required 248-926-0063







Consultations with Kari, your Senior Care Advisor

Certified Senior Advisors provide consulting services for Seniors aged 55+. Kari will meet personally with clients and family members, conduct a thorough assessment, and identify your individual preferences & care needs. With that information, she will recommend the most appropriate services for your needs.

Call today to register for your **COMPLIMENTRY** 30 minute consultation!

August 4

C Register by calling 248-926-0063

Richardson Senior Center 1485 E. Oakley Park Rd Commerce Township



Kari has over 30 years in Healthcare and Senior Care Consulting. She is a Certified Dementia Practitioner and a Certified Senior Advisor. Her expertise is in all areas of the aging journey, making her highly sought after in her field.



SKIN CANCER PREVENTION LUNCH & LEARN

DATE: AUGUST 6, 2025

LOCATION: RICHARDSON SENIOR CENTER, 1485 E. OAKLEY PARK RD, COMMERCE TOWNSHIP, MI

PHONE NUMBER TO REGISTER:

248-926-0063 *REGISTRATION IS REQUIRED





American Red Cross Community of Giving

Walled Lake Central High School Blood Drive

Held at: Richardson Community Senior Center

1485 East Oakley Park Road Commerce Township

Tuesday, August 19, 2025 9:00 a.m. to 3:00 p.m.

To schedule an appointment, visit RedCrossBlood.org and enter sponsor code: wicsd or call 1-800-RED CROSS (1-800-733-2767).



line your donation experience and save up to 15 es by visiting RedCrossBlood.org/RapidPass to te your pre-donation reading and health history juestions on the day of your appointment.



redcrossblood.org | 1-800-RED CROSS | 1-800-733-2767 | Download the Blood Donor App

PICNIC IN THE PARK

Join us for a fun-filled afternoon at the Richardson Senior Center for a Picnic in the Park with lunch and yard games!

> **July 17** 11:30am - 1:30pm

Registration Required: 248-926-0063

THANK YOU TO OUR SPONSORS:







Michigan **History Museum**

Take a journey through Michigan's rich past, from the time of the state's earliest peoples to the late 20th century.

Tuesday, July 22 9:15 am - 3:30pm Cost: \$40

Trip Includes: Transportation **Guided Tour & Free Time Boxed Lunch**

> Make reservation by calling: 248-926-063

Payment required to reserve your seat. Trip is non-refundable unless we are able to fill your seat.



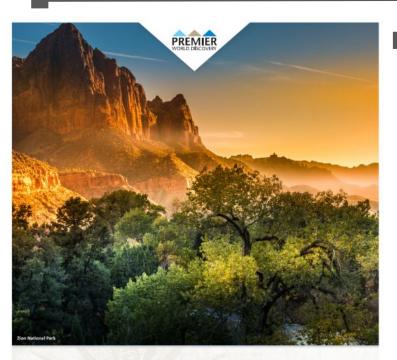
Come and enjoy an afternoon at the ballpark for an AL Central matchup between the Detroit Tigers and **Cleveland Guardians!**

SEPTEMBER 18, 2025 COST: \$60

COST INCLUDES: TRANSPORTATION TICKET TO GAME \$10 IN CONCESSION CREDIT

REGISTER BY CALLING: 248-926-0063 OR STOP BY THE SENIOR CENTER (PAYMENT REQUIRED TO RESERVE SEAT) **TRIP WILL DEPART AT 11:00AM AND RETURN AROUND 5:30PM**

*****Trips are non-refundable, unless your seat can be filled*****



Richardson Senior Center presents National Parks & Canyons of the Southwest Featuring The Grand Canyon, Bryce Canyon and Zion National Park

6 DAYS

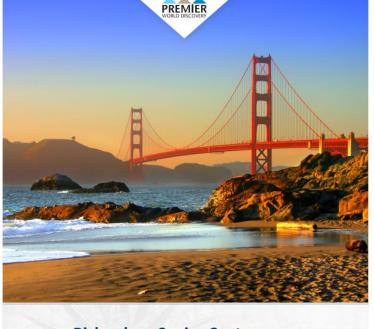
TOUR RATES

Booking Discount*: \$2825 pp dou

le Supplement: +\$650 Info for Booking D

\$2925 pp doul





Richardson Senior Center presents



TOUR RATES: \$3875 pp double Booking Discount*: \$3975 pp double Regular Rate +\$1125

7 DAYS

July 2025

Mon	Tue	Wed	Thu	Fri
	1 9:30 - Knit & Crochet 10:00-Woodcarving 12:30-Senior Lunch 12:30-Euchre 1:30-Zumba Gold	2 9:30 -Total Body 12:00-Senior Lunch 12:00-Pinochle	3 No Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	4 CLOSED
7 9:30-Total Body 11:00-Mah Jongg 12:00-Senior Lunch 12:30-Bingo 1:00-Yoga	8 Potluck 9:30 - Knit & Crochet 10:00-Woodcarving 12:00-Senior Lunch 12:30-Euchre 1:30-Zumba Gold	9 Computer Help 9:30-Total Body 12:00-Senior Lunch 12:00-Pinochle	10 Care Patrol Pizza & Movie 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	11 9:00-Art 9:30-Total Body 12:00-Senior Lunch 12:30-Mexican Train, Bridge, Hand/Knee/Foot
14 9:30-Total Body 11:00-Mah Jongg 12:00-Senior Lunch 12:30-Bingo 1:00-Yoga	15 10-11am Avoiding Frauds and Scams 9:30 - Knit & Crochet 10:00-Woodcarving 12:00-Senior Lunch 12:30-Euchre 1:30-Zumba Gold	16 12-1p Hospice: Fact or Fiction 9:30 - Total Body 12:00-Semior Lumch 12:00-Pinochle	17 12-2p Picnic in the Park 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	18 9:00-Art 9:30-Total Body 12:00-Senior Lunch 12:30-Mexican Train, Bridge, Hand/Knee/Foot
21 9:30-Total Body 11:00-Mah Jongg 12:00-Senior Lunch 12:30-Bingo 1:00-Yoga	22 Michigan History Museum 9:30 - Knit & Crochet 10:00-Woodcarving 12:00-Senior Lunch 12:30-Euchre 1:30-Zumba Gold	23 Candle Craft-11:30-1p 9:30-Total Body 12:00-Senior Lunch 12:00-Pinochle	24 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	25 9:00-Art 9:30-Total Body 12:00-Senior Lunch 12:30-Mexican Train, Bridge, Hand/Knee/Foot
28 9:30-Total Body 11:00-Mah Jongg 12:00-Senior Lunch 12:30-Bingo 1:00-Yoga	29 Theme Lunch 9:30 - Knit & Crochet 10:00-Woodcarving 12:00-Senior Lunch 12:30-Euchre 1:30-Zumba Gold	30 1-3p Juke Box Bingo 9:30 -Total Body 10:00 - Book Club 12:00-Senior Lunch 12:00-Pinochle	31 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	

August 2025

Mon	Tue	Wed	Thu	Fri
				1 9:00-Art 9:30-Total Body 12:00-Senior Lunch 12:30-Mexican Train, Bridge, Hand/Knee/Foot
4 9:30-Total Body 11:00-Mah Jongg 12:00-Senior Lunch 12:30-Bingo 1:00-Yoga	5 Potluck Lunch 9:30 - Knit & Crochet 10:00-Woodcarving 12:00-Senior Lunch 12:30-Euchre	6 12-1p Dermatology 9:30 - Total Body 12:00-Senior Lunch 12:00-Pinochle	7 Care Patrol Pizza & Movie 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	8 9:00-Art 9:30-Total Body 12:00-Senior Lunch 12:30-Mexican Train, Bridge, Hand/Knee/Foot
11 9:30-Total Body 11:00-Mah Jongg 12:00-Senior Lunch 12:30-Bingo 1:00-Yoga	12 9:30 - Knit & Crochet 10:00-Woodcarving 12:00-Senior Lunch 12:30-Euchre 1:30-Zumba Gold	13 1pm Computer Help 9:30-Total Body 12:00-Senior Lunch 12:00-Pinochle	14 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	15 9:00-Art 9:30-Total Body 12:00-Senior Lunch 12:30-Mexican Train, Bridge, Hand/Knee/Foot
18 9:30-Total Body 11:00-Mah Jongg 12:00-Senior Lunch 12:30-Bingo 1:00-Yoga	19 Red Cross Blood Drive 9:30 - Knit & Crochet 10:00-Woodcarving 12:00-Senior Lunch 12:30-Euchre 1:30-Zumba Gold	 20 Ask the Attorney BBQ Lunch 9:30 - Total Body 12:00-Senior Lunch 12:00-Pinochle 	21 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	22 9:00-Art 9:30-Total Body 12:00-Senior Lunch 12:30-Mexican Train, Bridge, Hand/Knee/Foot
25 9:30-Total Body 11:00-Mah Jongg 12:00-Senior Lunch 12:30-Bingo 1:00-Yoga	26 Theme Lunch 9:30- Knit & Crochet 10:00-Woodcarving 12:00-Senior Lunch 12:30-Euchre 1:30-Zumba Gold	27 9:30 -Total Body 10:00-Book Club 12:00-Pinochle 12:00-Pinochle	28 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	29 9:00-Art 9:30-Total Body 12:00-Senior Lunch 12:30-Mexican Train, Bridge, Hand/Knee/Foot

Do you have questions?

When is the right time to move?

Curious about our programming?

What about care? What support is offered?

Where do I find additional resources?

15

₽₽8

Call and speak to one of our experts today!

Waltonwood Twelve Oaks caters to seniors who desire social opportunities and a carefree lifestyle. With a great location, and warm, caring staff, we invite you to make yourself at home at Waltonwood.



27475 Huron Circle, Novi, MI 48377

WALTONWOOD.COM | SINGHCAREERS.COM



Are you confused by all of the different options and unsure where to get information and resources?

Are you ready to downsize and move into an active Independent Senior Living community?

Would you or a loved one benefit from the care and security of living in an Assisted Living or Memory Care Community? Perhaps you just need a little extra help at home?

> CONTACT KARI WEST TO SET UP YOUR PRIVATE COMPLIMENTRY CONSULTATION TODAY. SHE WILL HELP YOU NAGIVATE THROUGH THE BEST OPTIONS FOR YOUR INDIVIDUAL NEEDS.



You have your Medicare Advantage, or Medigap and Part D Plans, but what about:

- Hospital Indemnity
- Critical Illness/Cancer Protection
- Accident Plans?

I can show you how they complement what you have and provide benefits you may not have even considered.

Call Me

I offer free consultations and a wide range of Medicare solutions.

SUE STARR MORSE LICENSED LOCAL AGEN₁ PH# 248-212-7771





RY HOME CARE we are here to provide you

At **PLEASANTRY HOME CARE** we are here to provide you or your loved one with peace of mind, quality care, and the respect they deserve through personal care.

PLEASANTRY HOME CARE

- » Private Duty Services
- » Companionship
- » Hygiene Assistance
- » Light Massages
- » Meal Preparation/ Feeding
- » Medication Reminder
- » Organize mail
- » Light Housekeeping
- » Errands / Shopping
- » Reassurance calls
- » Day & Night care services



Tamika Littleton 586 718-2868

At Pleasantry Home Care, we believe every day should be a pleasant day



Our Mission

PLEASANTRY SENIOR LIVING will provide exceptional quality care to our residents by offering a level of care that promotes independence while recognizing each person's individuality through a commitment to treat each resident with dignity, courtesy and respect they deserve in a safe, loving home environment.

PLEASANTRY SENIOR LIVING LICENSED ADULT FOSTER CARE HOME

- » For Male / Female
- » Memory Care & Home for Aged
- » Private Rooms
- » Open floor plan
- » Spacious Outdoor Deck
- » 24 Hour Supervision
- » All inclusive services for one flat rate
- » Located in Commerce Twp 48382

Contact Tamika Littleton 586 718-2868

Our door is open to you – So that you are not alone, We are Pleasantry Senior Living – giving you a caring and pleasant home!

Pleasantry Senior Living June 2025 Special

Large, Private Room w/Bathroom

\$6000 All Inclusive 24 Hour Care State Licensed Memory Care Adult Foster Care Setting Ask for Tamika 586-718-2868



for you!

Call Susan Jackson

Independent Lisensed Healthcare Agent

248-819-9541

Puzzle #5

		4	9			3	1	2
9	8		3		1	6		
3			6	5				8
	6	3				4	2	
	1		5		3	7		
7		8	4	1		5	3	6
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	4	6	8	7	9			3
1	3	5		4		8		7

Puzzle #6

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4					6	7	9	
7		8	2	4		5	6	
		3		7	9	4		2

COMMERCE TOWNSHIP

Richardson Community Senior Center

1485 E. Oakley Park Rd Commerce Township, MI 48390 Phone: 248-926-0063 Fax: 248-325-5349 Hours: 8:00AM - 4:30PM Monday - Friday

www.commercetwp.com



