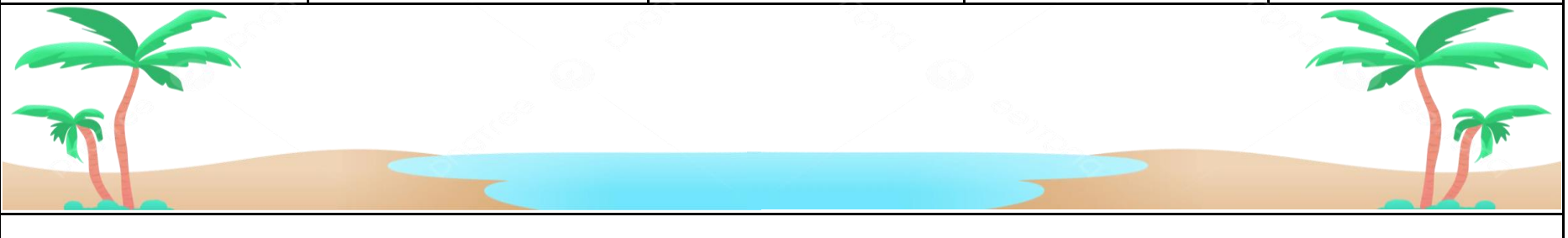


**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
2024 JUNE MENU - COMMERCE HOT**

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
	<b>HOT LUNCH \$3.50</b>		<b>PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063</b>  <b>MENU SUBJECT TO CHANGE WITHOUT NOTICE</b>	
3	4	5	6	7
<b>Grilled Chicken Sandwich Hamburger Bun Potato Salad Carrots Apple</b>	<b>Ground Beef Stroganoff Noodles Broccoli Tossed Salad Dinner Roll Pears</b>	<b>Chef Salad Plate w/ham &amp; turkey Mixed Greens Pita Bread Banana</b>	<b>Swiss Steak Mixed Vegetables Mashed Potatoes Whole Grain Bread Peaches</b>	<b>Baked Cod Macaroni &amp; Cheese Brussel Sprouts Breadstick Orange</b>
10	11	12	13	14
<b>Golden Crispy Chicken Mashed Sweet Potatoes Spinach Peaches Whole Grain Bread</b>	<b><i>POTLUCK</i> Hot Dog w/ Bun</b>	<b>Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Pita Bread Banana</b>	<b>Chicken Parmesan Noodles Italian Vegetables Tossed Salad Apple Sauce</b>	<b>Roast Beef w/ Gravy Mashed Potatoes Green Beans Dinner Roll Apple Dessert</b>
17	18	19	20	21
<b>Chicken Tenders (2) Cole Slaw Apple Green Beans Wedge Potatoes</b>	<b>Beef Lasagna Italian Vegetables Tossed Salad Pears Breadstick</b>	<b>Tuna Salad Plate cheese, cucumber, tomatoes Mixed Greens Pita Bread Banana</b>	<b>Chicken &amp; Dumplings Tossed Salad Peas &amp; Carrots Mixed Fruit Dinner Roll</b>	<b>Hamburger w/cheese Hamburger Bun Potato Salad Carrots Orange</b>
24	25	26	27	28
<b>Beef &amp; Bean Burrito w/ tortilla Corn Spanish Rice Apple</b>	<b><i>THEME</i> Roast Beef w/ Gravy Mashed Potatoes Green Beans Dinner Roll Apple</b>	<b>Chicken Fajita Strip Salad w/cheese, tomatoes Mixed Greens Tortilla Chips Banana</b>	<b>Chicken Fettucini Alfredo Broccoli Tossed Salad Pears Breadstick</b>	<b>Country Fried Steak Mashed Potatoes Broccoli Orange Whole Grain Bread</b>



**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
2024 JUNE MENU - SANDWICH**

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
	<b>SACK LUNCH \$3.50</b>		<p><b>PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155</b></p> <p><b>MENU SUBJECT TO CHANGE WITHOUT NOTICE</b></p>	
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</b>	<b>CHICKEN LEG ROLL CUCUMBER &amp; TOMATO SALAD PEACHES MILK</b>	<b>CORNEB BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</b>	<b>SLICED TURKEY SANDWICH LETTUCE &amp; PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</b>	<b>TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</b>	<b>GRILLED CHICKEN SANDWICH LETTUCE &amp; CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</b>	<b>ROAST BEEF SANDWICH LETTUCE &amp; CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</b>	<b>ITALIAN SUB SANDWICH LETTUCE &amp; AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</b>	<b>CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</b>	<b>CHICKEN LEG ROLL CUCUMBER &amp; TOMATO SALAD PEACHES MILK</b>	<b>CORNEB BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</b>	<b>SLICED TURKEY SANDWICH LETTUCE &amp; PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</b>	<b>TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</b>	<b>GRILLED CHICKEN SANDWICH LETTUCE &amp; CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</b>	<b>ROAST BEEF SANDWICH LETTUCE &amp; CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</b>	<b>ITALIAN SUB SANDWICH LETTUCE &amp; AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</b>	<b>CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</b>

