











**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2024 JULY MENU-COMMERCE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p align="center">HOT LUNCH \$3.50</p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
<p align="center">1</p> <p align="center">Chicken Ala King Green Beans White Rice Mixed Fruit Biscuit</p>	<p align="center">2</p> <p align="center">Hot Dog Bun Lays Potato Chips Baked Beans Cole Slaw Apple Pie</p>	<p align="center">3</p> <p align="center">Greek Chicken Salad w/beets, onions, olives, feta Mixed Greens Pita Bread Banana</p>	<p align="center">4 CLOSED</p> 	<p align="center">5 CLOSED</p> 
<p align="center">8</p> <p align="center">Chicken Leg Potato Wedges Peas & Carrots Apple Dinner Roll</p>	<p align="center">9</p> <p align="center"><u>POTLUCK</u> Sloppy Joe w/ Bun</p>	<p align="center">10</p> <p align="center">Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana</p>	<p align="center">11</p> <p align="center">Chicken Chili Corn Tossed Salad Pears Oyster Crackers</p>	<p align="center">12</p> <p align="center">Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Orange</p>
<p align="center">15</p> <p align="center">Macaroni & Cheese Stewed Tomatoes Green Beans Apple Sauce Breadstick</p>	<p align="center">16</p> <p align="center">Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Pineapple</p>	<p align="center">17</p> <p align="center">Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana</p>	<p align="center">18</p> <p align="center">Baked Ziti Italian Vegetables Tossed Salad Peaches Dinner Roll</p>	<p align="center">19</p> <p align="center">Grilled Turkey Burger Hamburger Bun Baked Beans Coleslaw Orange</p>
<p align="center">22</p> <p align="center">Potato Encrusted Pollock Capri Vegetables Macaroni Salad Apple Tartar Sauce</p>	<p align="center">23</p> <p align="center">Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Pears</p>	<p align="center">24</p> <p align="center">Chef Salad Plate w/ham, turkey & egg Mixed Greens Pita Bread Banana</p>	<p align="center">25</p> <p align="center">Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Brussel Sprouts Apple Sauce</p>	<p align="center">26</p> <p align="center">Gyro w/tomato & onion Tzatziki Sauce Coleslaw Pita Bread Orange</p>
<p align="center">29</p> <p align="center">Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple Sauce</p>	<p align="center">30</p> <p align="center"><u>THEME LUNCH</u> Swedish Meatballs over Rice Mixed Vegetables Corn Banana Whole Wheat Bread</p>	<p align="center">31</p> <p align="center">Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Pita Bread Banana</p>		

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2024 JULY MENU-SANDWICH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p align="center">SACK LUNCH \$3.50</p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
<p align="center">1</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</p>	<p align="center">2</p> <p align="center">CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK</p>	<p align="center">3</p> <p align="center">CORNER BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</p>	<p align="center">4 CLOSED</p> 	<p align="center">5 CLOSED</p> 
<p align="center">8</p> <p align="center">HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</p>	<p align="center">9</p> <p align="center">GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</p>	<p align="center">10</p> <p align="center">ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</p>	<p align="center">11</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</p>	<p align="center">12</p> <p align="center">CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</p>
<p align="center">15</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</p>	<p align="center">16</p> <p align="center">CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK</p>	<p align="center">17</p> <p align="center">CORNER BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</p>	<p align="center">18</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	<p align="center">19</p> <p align="center">TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</p>
<p align="center">22</p> <p align="center">HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</p>	<p align="center">23</p> <p align="center">GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</p>	<p align="center">24</p> <p align="center">ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</p>	<p align="center">25</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</p>	<p align="center">26</p> <p align="center">CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</p>
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