



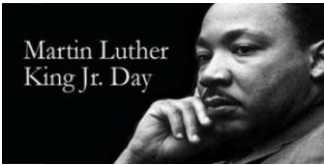




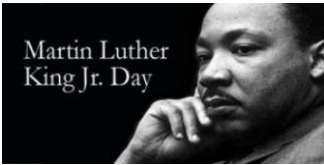


**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2025 JANUARY MENU-COMMERCE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p align="center">SACK LUNCH \$3.50</p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
		<p align="center">1 CLOSED</p> 	<p align="center">2</p> <p align="center">Grilled Turkey Burger Hamburger Bun Baked Beans Coleslaw Orange</p>	<p align="center">3</p> <p align="center">Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Banana</p>
<p align="center">6</p> <p align="center">Hot Dog Bun Carrots Baked Beans Apple</p>	<p align="center">7</p> <p align="center">Baked Ziti Italian Vegetables Tossed Salad Peaches Breadstick</p>	<p align="center">8</p> <p align="center">Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pineapple Whole Grain Bread</p>	<p align="center">9</p> <p align="center">Hamburger w/cheese Hamburger Bun Potato Salad Broccoli Orange</p>	<p align="center">10</p> <p align="center">Beef Chili Corn Tossed Salad Banana Cornbread</p>
<p align="center">13</p> <p align="center">Grilled Chicken Sandwich Hamburger Bun Three Bean Salad Carrots Apple</p>	<p align="center">14</p> <p align="center"><i><u>Potluck</u></i> Baked Potato Bar Sour Cream Butter Bacon Bits Cheese</p>	<p align="center">15</p> <p align="center">Gyro w/tomato & onion Tzatziki Sauce Coleslaw Pita Bread Orange</p>	<p align="center">16</p> <p align="center">Lemon Pepper Chicken Rice Pilaf Broccoli Tossed Salad Whole Grain Bread Mixed Fruit</p>	<p align="center">17</p> <p align="center">Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Banana</p>
<p align="center">20 CLOSED</p> 	<p align="center">21</p> <p align="center">Pepperoni Calzone Italian Vegetables Apple</p>	<p align="center">22</p> <p align="center">Swedish Meatballs Rice Mixed Vegetables Corn Banana Dinner Roll</p>	<p align="center">23</p> <p align="center">Chicken Fettucini Alfredo Broccoli Tossed Salad Pears Breadstick</p>	<p align="center">24</p> <p align="center">Swiss Steak Broccoli Orange Mashed Potatoes Whole Grain Bread</p>
<p align="center">27</p> <p align="center">Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple</p>	<p align="center">28</p> <p align="center"><i><u>Theme</u></i> Vegetable Lasagna Italian Vegetables Tossed Salad Pineapple Breadstick</p>	<p align="center">29</p> <p align="center">Chicken & Dumplings Coleslaw Peas & Carrots Banana Dinner Roll</p>	<p align="center">30</p> <p align="center">Beef Lasagna Italian Vegetables Tossed Salad Pears Breadstick</p>	<p align="center">31</p> <p align="center">Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Brussel Sprouts Orange</p>

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2025 JANUARY MENU-SANDWICH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p align="center">SACK LUNCH \$3.50</p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
		<p align="center">1 CLOSED</p> 	<p align="center">2</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	<p align="center">3</p> <p align="center">TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</p>
<p align="center">6</p> <p align="center">ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</p>	<p align="center">7</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</p>	<p align="center">8</p> <p align="center">CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</p>	<p align="center">9</p> <p align="center">CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK</p>	<p align="center">10</p> <p align="center">HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</p>
<p align="center">13</p> <p align="center">CORNERED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</p>	<p align="center">14</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	<p align="center">15</p> <p align="center">TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</p>	<p align="center">16</p> <p align="center">GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</p>	<p align="center">17</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</p>
<p align="center">20 CLOSED</p> 	<p align="center">21</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</p>	<p align="center">22</p> <p align="center">CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</p>	<p align="center">23</p> <p align="center">CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK</p>	<p align="center">24</p> <p align="center">HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</p>
<p align="center">27</p> <p align="center">CORNERED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</p>	<p align="center">28</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	<p align="center">29</p> <p align="center">TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</p>	<p align="center">30</p> <p align="center">GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</p>	<p align="center">31</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</p>