

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 FEBRUARY MENU- COMMERCE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	HOT LUNCH \$4.00		<p>PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063</p> <p>MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
2 Pepperoni Calzone Peas & Carrots Broccoli Apple	3 Chicken Tenders (2) Coleslaw Pineapple Green Beans Wedge Potatoes Pineapple	4 Copper Country Pie Mixed Vegetables Corn Bread Topping Banana	5 Vegetable Lasagna Italian Vegetables Tossed Salad Breadstick Pears	6 Grilled Turkey Burger Hamburger Bun Baked Beans Carrots Mandarin Oranges
9 Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple	10 <u>POTLUCK</u> Stuffed Steak	11 Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Banana	12 Lemon Pepper Chicken Rice Pilaf Green Beans Tossed Salad Whole Grain Bread Mixed Fruit	13 Ham, Egg & Cheese Breakfast Casserole Broccoli Hashbrowns Valentine Pastry
16 CLOSED 	17 Grilled Chicken Sandwich Hamburger Bun Baked Beans Carrots Apple	18 Lasagna Cheese Roll Ups Italian Vegetables Tossed Salad Breadstick Apple Sauce	19 Beef Chili Corn Mashed Potatoes Cornbread Banana	20 Tuna Salad Sandwich w/ Lettuce Croissant Pasta Salad Carrot Sticks Mandarin Oranges
23 Hamburger w/cheese Hamburger Bun Potato Wedges Coleslaw Apple	24 <u>THEME</u> Beef Lasagna Italian Vegetables Tossed Salad Breadstick Banana	25 Chicken Fettucini Alfredo Broccoli Tossed Salad Breastick Pears	26 Salisbury Steak Green Beans Mashed Potatoes Whole Grain Bread Mandarin Oranges	27 Fish Sandwich Mayo Hamburger Bun Capri Vegetables Macaroni Salad Mixed Fruit

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 FEBRUARY MENU- SANDWICH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SACK LUNCH \$4.00		<p>PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155</p> <p>MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
2 Chicken Salad Croissant Grapes/Celery/Onions/Lettuce Coleslaw Banana Milk	3 Roast Beef Sandwich Lettuce & Cheddar Cheese Whole Wheat Bread Pasta Veggie Salad Carrot Sticks Pears Milk	4 Ham and Cheese Sandwich Lettuce Whole Grain Bread Coleslaw Pineapple Milk	5 Grilled Chicken Sandwich Lettuce & Cheese Whole Wheat Bun Potato Salad Apple Sauce Milk	6 Italian Sub Sandwich Lettuce & American Cheese Sub Bun Three Bean Salad Orange Milk
9 Tuna Salad Croissant Lettuce Veggie Pasta Salad Carrot Sticks Mandarin Oranges Milk	10 Sliced Turkey Sandwich Lettuce & Provolone Cheese Whole Wheat Bread Potato Salad Fruit Cocktail Milk	11 Egg Salad Sandwich Croissant Pasta Salad Carrot Sticks Apple Sauce Milk	12 Chicken Leg Roll Cucumber & Tomato Salad Peaches Milk	13 Corned Beef and Swiss Whole Wheat Bread Thousand Island Dressing Coleslaw Mixed Fruit Milk
16 CLOSED 	17 Chicken Salad Croissant Grapes/Celery/Onions/Lettuce Coleslaw Banana Milk	18 Peanut Butter & Jelly Sandwich Whole Wheat Bread Potato Salad Apple Carrot Sticks Milk	19 Roast Beef Sandwich Lettuce & Cheddar Cheese Whole Wheat Bread Pasta Veggie Salad Carrot Sticks Pears Milk	20 Tuna Salad Croissant Lettuce Veggie Pasta Salad Carrot Sticks Mandarin Oranges Milk
23 Ham and Cheese Sandwich Lettuce Whole Grain Bread Coleslaw Pineapple Milk	24 Grilled Chicken Sandwich Lettuce & Cheese Whole Wheat Bun Potato Salad Apple Sauce Milk	25 Italian Sub Sandwich Lettuce & American Cheese Sub Bun Three Bean Salad Orange Milk	26 Sliced Turkey Sandwich Lettuce & Provolone Cheese Whole Wheat Bread Potato Salad Fruit Cocktail Milk	27 Egg Salad Sandwich Croissant Pasta Salad Carrot Sticks Apple Sauce Milk