

Commerce Township
Richardson Review

September & October 2025

Richardson
Community
Senior Center

1485 E. Oakley Park Rd.
Commerce Township, MI 48390

Phone (248) 926-0063
Fax (248) 325-5349
8:00am - 4:30pm Mon - Fri

www.commercetwp.com

Director

Emily England
england@commercetwp.com

Staff

Allison Kennedy
akennedy@commercetwp.com

Claire Maginley
cmaginley@commercetwp.com

Ashley Banahene
abanahene@commercetwp.com

Letter from the Director

I hope this letter finds you all in great spirits! As we transition into the fall months of September and October, we are filled with excitement about the many wonderful activities and adventures we have planned for you.

From engaging informational meetings to exciting day trips, these upcoming months are packed with opportunities to connect, learn, and explore. Whether you're looking to enjoy some fresh air or dive into a new hobby or class, we have something for everyone.

Highlights for September & October are : Ask The Attorney, Detroit Tigers Game, Gilmore Car Museum, Senior Expo, Travel Show and much more! Don't forget about Total Body Fitness, Zumba and Yoga.

We know how important it is to stay active, engaged, and connected, and these upcoming activities are just a few ways we aim to make this season special for each of you. Be sure to check the upcoming calendar and register for events that spark your interest!

If you have any questions or suggestions, please don't hesitate to reach out. We value your input and want to make sure that your experience at the center is as enjoyable and fulfilling as possible.

Looking forward to a fun and vibrant fall season together!

Emily, Allison, Claire & Ashley

Commerce Township provides information about seminars and workshops, we do not endorse any private company; we merely inform consumers of the availability of the service. As a consumer, you are encouraged to independently research and ask for referrals.

***SIGN UP FOR ALL FUNCTIONS
AND EVENTS AT THE CENTER
WILL TAKE PLACE ON
August 28 @ 8AM. NO
RESERVATIONS WILL BE TAKEN
BEFORE 8AM. PLEASE LEAVE A
MESSAGE, WE GO BY TIME
STAMPED ON VOICEMAIL, YOU
CAN ONLY RESERVE FOR 2
PEOPLE WHEN YOU CALL.***

**Senior Lunch
Program**

The senior lunch program is available Monday thru Friday at 12:00 noon. Please, call our center to reserve your lunch a minimum of 2 **business** days in advance.

248-926-0063

SERVICES

Important Phone Numbers

Commerce Twp. Offices
248-624-0110

**Police Department Non
Emergency**
248-858-4950

Commerce Twp Library
248-669-8108

Alzheimer Association
800-337-3827

AgeWays
(Area Agency on Aging)
800-852-7795

Social Security
800-772-1213

**Oakland County Health
Division**
800-848-5533

Haven 24 hour Crisis Line
877-922-1274

Meals on Wheels
810-632-2155

People's Express
877-214-6073

Join me for Lunch



CLIP THIS COUPON AND RECEIVE
1 FREE LUNCH THE MONTH OF
YOUR BIRTHDAY!

**PLEASE CALL 2 DAYS IN
ADVANCE TO REGISTER
FOR LUNCH**

248-926-0063



**RICHARDSON SENIOR
CENTER**

Day: First Wednesday of the month

Time: 10AM - 2PM

Lay papers flat

No paper clips

Remove items from envelopes

Only items that need shredding

No checkbooks



****Limit 1 plastic grocery bag per senior****



**Donations are always welcome at the Richardson
Senior Center. Here is a list of supplies we use:**

Coffee

Napkins

Small Plates

Paper Towels

Plastic Silverware

Richardson Senior Center

WEEKLY

Monday

9:30 - Total Body
11:00 - Mahjongg
12:00 - Lunch
12:30 - Bingo

Tuesday

9:30 - Knit & Crochet
10:00 - Woodcarving
12:00 - Senior Lunch
12:30 - Euchre
1:30 - Zumba Gold

Wednesday

9:30 - Total Body
12:00 - Senior Lunch
12:00 - Pinochle

Thursday

10:00 - Yoga
12:00 - Lunch/Movie
1:30 - Zumba Gold

Friday

9:00 - Art
9:30 - Total Body
12:00 - Senior Lunch
12:30 - Mexican Train
12:30 - Hand/Foot
12:30 - Bridge

UPCOMING EVENTS

Sept 1 - Closed/Labor Day

Sept 2 - Rusty Rosman

Sept 4 - Pizza & Movie

Sept 9 - Potluck

Sept 10 - Magnolia by the Lakes

Sept 10 - Computer Help

Sept 16 - Ask the Attorney

Sept 18 - Preparing for Medicare

Sept 18 - Detroit Tigers Game

Sept 23 - Advanced Directives

Sept 24 - Susan Jackson Lunch &
Learn

Sept 24 - Book Club

Sept 25 - Gilmore Car Museum

Sept 25 - Fall Prevention

Sept 30 - Theme Lunch

Oct 1 - Juke Box Bingo

Oct 2 - Pizza & Movie

Oct 7 - Knee & Hip Pain

Oct 8 - Susan Jackson

Oct 9 - Senior Expo - All Activities
Canceled

Oct 13 - Closed/ Columbus Day

Oct 14 - Potluck

Oct 21 - Affinity Mind Activity

Oct 22 - Travel Show

Oct 28 - Theme Lunch

Oct 29 - Social Security Seminar

Oct 29 - Book Club

Oct 30 - Hope for the Holidays

activities

BINGO

MONDAY
12:30-3:30
\$0.25/CARD



MAH JONG

MONDAY
11:00 - 1:00



KNIT & SEW

TUESDAY
9:00-11:00



ART GROUP

FRIDAY
9:00-11:00



MEXICAN

TRAIN
FRIDAY
12:30-3:30



cards

Euchre

Tuesday
12:30-3:30

Pinochle

Wednesday
12:00-3:30

Bridge

Friday
12:30-3:30

Hand, Knee & Foot

Friday
12:30-3:30



Join Us!

YOGA DAY

Unwind, relax, and celebrate the beauty of yoga in your life.

Thursdays
10:00AM-11:00AM



TOTAL BODY FITNESS

Patty has been interested in fitness her whole life and is passionate about helping others feel great and has been working with the senior population for several years. As a martial arts teacher for over 15 years, she is also certified in strength and training. Patty also received certification from Beaumont Hospital as a yoga therapist.

Work at your own pace on Strength, Balance and Mobility, with Patty to keep our bodies strong, healthy and flexible while having fun with friends at the same time!!

MON, WED & FRI
9:30 AM - 10:30 AM
COST: \$2/CLASS



Come Dance with Maria

Along with being certified in Zumba Gold, Maria has a variety of Zumba certifications including Zumba Brazil, Zumba Core and Zumba Glutes. No previous experience needed to join this class as all participants are encouraged to do what they are comfortable with.

**TUESDAY &
THURSDAY**
1:30 - 2:30
COST: \$5



senior luncheon



FOOTBALL THEME
TUESDAY, SEPTEMBER 30
11:30 AM

MAIN COURSE: SPAGHETTI
WEAR YOUR FAVORITE SPORT TEAM!

HALLOWEEN THEME
TUESDAY, OCTOBER 28
11:30 AM

MAIN COURSE: CHICKEN A LA KING
DRESS UP IN A COSTUME!

Our monthly senior luncheon on the last Tuesday
of every month is **FREE** to all seniors 60+

Registration is required 2 days prior to luncheon



Stop by for your monthly blood pressure screening compliments of Affinity Senior Care.

potluck

Do you enjoy cooking/baking and enjoy
lunch with friends?

Check out our monthly potluck luncheon!

FALL THEME
TUESDAY SEPTEMBER 9
11:30 AM

MAIN COURSE: CHICKEN SALAD

DECADES THEME
TUESDAY OCTOBER 14
11:30 AM

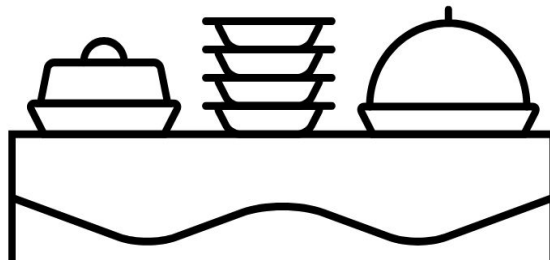
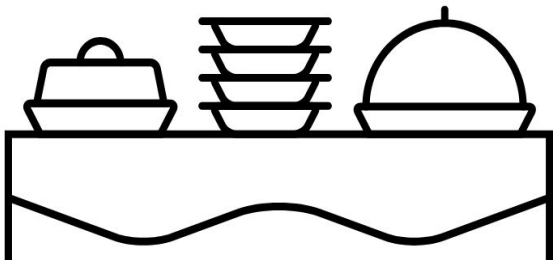
MAIN COURSE: SWISS STEAK

The main course will be provided
by the Richardson Senior Center.

All participants **MUST** signup 2 days in advance
All participants **MUST** bring a dish to pass
Bring enough to serve all in attendance

(Menu subject to change without notice)

****Please, bring your own plate and utensils****



Movie & Lunch

**Every Thursday
12PM - 3PM**

Sept 4

Sept 11

Sept 18

Sept 25



Daddy's Home 2



PG-13 (2017)

A Man Called Otto

PG-13 (2022)

The Bucket List

PG-13 (2007)

Waking Ned Devine

PG (1999)

Oct 2



The Magic of Belle Isle



PG (2012)

Oct 9

Grumpy Old Men

PG-13 (1993)

Oct 16

The Truman Show

PG (1998)

Oct 23

Sully

PG-13 (2016)

Oct 30

Instant Family

PG-13 (2013)

Cost: \$4.00

No charge if you bring a lunch

Please call **248-926-0063** to
reserve your spot today!

Space is limited



Sept 4 & Oct 2

Sponsored by:





ARE YOU LOOKING FOR ASSISTANCE WITH
A COMPUTER OR TABLET? HAVE
QUESTIONS ABOUT A SPECIFIC PROGRAM?
STEVE FROM THE LIBRARY WILL BE HERE
TO OFFER COMPUTER HELP!

SEPT 10 & OCT 8
2 PM

RESERVATIONS ARE REQUIRED! 30 MINUTE TIME LIMIT

Commerce Twp Library

BOOK CLUB

10AM

Seasoned Readers

September 24	The Martian
October 29	Killers of the Flower Moon

JOIN US!

Meet at:
Richardson Senior Center
1485 E Oakley Park

*Ask the
Attorney!*

September 16
Appointments start @ 10AM

**The Lebowski Law Firm is a family run
law firm which specializes in estate
planning, estate/trust administration,
and Elder Law (long term care planning)**



Please call 248-926-0063
to book your 15 minute
consultation with the
attorney.



Consultations with Kari, your Senior Care Advisor

Certified Senior Advisors provide consulting services for Seniors aged 55+. Kari will meet personally with clients and family members, conduct a thorough assessment, and identify your individual preferences & care needs. With that information, she will recommend the most appropriate services for your needs.

Call today to register for your **COMPLIMENTARY** 30
minute consultation!

September 8
October 6

📞 Register by calling 248-926-0063

📍 Richardson Senior Center
1485 E. Oakley Park Rd
Commerce Township



Kari has over 30 years in Healthcare and Senior Care Consulting. She is a Certified Dementia Practitioner and a Certified Senior Advisor. Her expertise is in all areas of the aging journey, making her highly sought after in her field.

Local Author Rusty Rosman

» REGISTER
NOW!



TWO ENVELOPES

WHAT YOU WANT YOUR LOVED ONES
TO KNOW WHEN YOU DIE

Rusty Rosman

*Tuesday, September 2 @11am at
the Richardson Senior Center*

When you die, there are so many things your family and loved ones immediately need to know. Two Envelopes is your voice, conveying your wishes regarding your death and estate. With a unique blend of wisdom, humor, and empathetic storytelling, Rusty Rosman delves into the often-avoided topic of death, offering readers a guide to navigating the complexities of practical and emotional end-of-life planning.

LUNCH & LEARN SEMINAR

Richardson Senior Center

Join us for the Lunch & Learn Seminar
presented by

Dr. Farideh R. Bagne,
The Founder, President & CEO of
Magnolia by the Lakes Senior Resort

Wednesday, September 10th, 2025

12:30 PM

1485 E. Oakley Park Road

Commerce Township, Michigan

Please RSVP by calling 248-926-0063

Magnolia by the Lakes
The Gold Standard of Senior Living



RICHARDSON SENIOR CENTER FALL PREVENTION WORKSHOP



Join us for the Fall Prevention Workshop at the Richardson Senior Community Center—designed for individuals looking to stay safe, independent, and confident in their mobility.

This educational event will explore the most common causes of falls and balance issues, and how physical therapy can help reduce your risk without relying on medications or invasive procedures.

- Discover evidence-based strategies to improve balance, strength, and coordination
- Understand how to choose the right treatment plan for your individual needs
- Learn about the role of core stability and how it impacts your ability to move safely and confidently through daily activities



September 25th at 11:30AM

Richardson Senior Community Center
1485 E Oakley Park Rd,
Walled Lake, MI 48390
(248) 926-0063

**THIS WORKSHOP IS
THE PERFECT
OPPORTUNITY TO
LEARN HOW
PHYSICAL THERAPY
CAN SUPPORT YOUR
INDEPENDENCE AND
WELL-BEING.**

MEDICARE – PREPARING FOR ANNUAL ENROLLMENT

Join Sue Starr Morse for
a continental breakfast
as she provides
education about all things
Medicare!



September 18

10am - 11am

Richardson Senior Center

RSVP @ 248-926-0063

**October 15 - December 7, 2025 is Annual
Enrollment for Medicare, let's talk about
what that may mean for you!**

We will:

- Review the A, B, C, D parts of Medicare
- Talk about the changes to Part D for 2025
- Discuss things to consider when evaluating options for 2026
- Touch on Ancillary plans like Hospital Indemnity, Critical Illness and stand alone Dental/Vision
- Answer all questions that you have

Make Your Healthcare Wishes Known- Advanced Care Planning



- Advanced Directives: defined and discussed from a regulative and healthcare perspective.
- Types of Advanced directives including appointing an advocate, power of attorney, living wills and code status determination.



A member of NorthStar Care Community

Tuesday, September 23, 2025

Join us for coffee and important conversation

10:00am - 11am

Location:



The Richardson Community Center

Registration is required 248-926-0063

MEDICARE 101 SEMINAR

Lunch & Learn

Enjoy a complimentary lunch while learning the basics of Medicare at our informative Medicare 101 Seminar!

**Wednesday, September 24th
12:00 pm - 1:00 pm**

Do you have questions about your Medicare Advantage Plan?

Join us!

Reservations Required By September 19th

Call 248-926-0063



Sponsored by:

**Susan Jackson
Insurance Agent**

Cell: 248-819-9541

JUKEBOX

BINGO!

**October 1
1pm - 3pm**

Join us at the Richardson Senior Center for an entertaining afternoon where you'll put your music knowledge to the test with a lively game of Jukebox Bingo!

Snacks sponsored by:



Sue Starr Morse
Licensed Local Agent
Ph# 248-212-7771

**Registration Required:
Call 248-926-0063**

**October 21
10am - 12pm**



Join us at the Richardson Senior Center for a presentation from Chris with Affinity Senior Care.

- Understanding Home Care Options
- Healthy Living Tips
- Interactive Q & A
- "Memory Mine" Game
- Giveaways & Resources

Sponsored by:



Register by Calling 248-926-0063



THURSDAY, OCTOBER 9
11AM - 1PM

RICHARDSON SENIOR CENTER
1485 E. OAKLEY PARK RD
COMMERCE TOWNSHIP

**Free
Lunch**
REGISTRATION
REQUIRED

Raffles

Join us for our 3rd annual Senior Expo!

We will welcome local organizations/groups that offer services to seniors in the community. Stop by to speak with our vendors and see what they have to offer.

FLU SHOT CLINIC!

To register for lunch, please call
248-926-0063 by Tuesday, October 7

Imagine Life Without Joint Pain

Free Knee & Hip Pain Seminar

October 7 | 11 a.m. - 12:30 p.m.

Richardson Senior Center



Join us for a free, informative workshop on knee and hip pain treatment options available at DMC Huron Valley-Sinai Hospital. Have your questions answered by an orthopedic surgeon and physical therapist.

Topics Covered:

- Arthritis
- Tips for maintaining healthy joints
- Non-surgical treatments
- Minimally invasive surgery
- Total joint replacement options and what to expect

Limited seating available.

Complimentary light refreshments will be served.



Advance registration required.
Scan the QR code or call 855-917-0684.

DMC
Huron Valley-Sinai
Hospital

DMC
Medical Group



Best Health Options LLC



Medicare Plan Seminar

Get the details needed before
AEP starts on October 15th

Snack and Learn Seminar

Wednesday, October 8th
11:30 am - 12:30 pm

Healthy
Snacks
Served



Why Attend?

- ✓ Get up to speed on some Medicare Changes for 2026
- ✓ Avoid common and costly Medicare mistakes
- ✓ Ask questions and get personalized guidance

Please RSVP by: **October 6th**

248-926-0063

Guest Speaker: Susan Jackson - 248-819-9541
Owner / Independent Healthcare Agent

BestHealthOptionsLLC.com

*Don't miss this opportunity to make the most out of your
Medicare Advantage benefits!*

Richardson Community Center
1485 E. Oakley Park Rd,
Commerce Township, MI 48390

FINANCIAL PARTNERS

RETIREMENT PLANNING 401K IRA'S ROTH IRA'S ESTATE PLANS



SOCIAL SECURITY SEMINAR

Please join **Renee Michalak** and
William Ryan for a comprehensive
Social Security Seminar!

Date: October 29, 2025

Time: 1:00 PM

Location: Richardson Senior Center

Renee C. Michalak & William Ryan
425 W. Huron, Ste. 220, Midland, MI 48681

Securities offered through Sigma Financial Corporation, member FINRA/SIPC.
Financial Partners is independent of William Ryan and Sigma Financial Corporation.

**Common
Questions and
Concerns will be
discussed:**

**Social Security
benefits for
widows**

**Social Security
benefits for
divorced
spouses**

**Strategies for
collecting
benefits**

**When to start
collecting
benefits**

**Common rules
for Social
Security**

**Taxes and Social
Security**

**Light refreshments
included!**

Hope For The Holidays

Facilitated by Hospice of Michigan



Holidays can be especially difficult for anyone dealing with grief and loss. This program is designed to offer support to those who are grieving the death of a loved one during a season of memories, family, and traditions. Specific strategies for handling special occasions and taking care of yourself during this emotionally laden season will be discussed.



A member of NorthStar Care Community

**Thursday
October 30, 2025**

12:00 pm - 1:00 pm

LOCATION:



The Richardson Community
Center

**Registration is required
248-926-0063**

12

northstar Care Community



TOLEDO ZOO & AQUARIUM **\$40**

**Wednesday
October 1st**

Bus Leaves from HAC at 8:30am
Bus Leaves from Zoo at 3pm




Enjoy the day
wondering the
Toledo Zoo.
Lunch on your own
inside the zoo.

Sign Up Now!

Activity Center
Highland Township
In partnership
with

209 N John St
Highland MI 48357
248-887-1707
M-F 9am-3pm





**GILMORE
CAR MUSEUM**

September 25, 2025



Departure: 8:30am
Richardson Senior Center
1485 E. Oakley Park Rd,
Commerce Township, MI
Return: Approx. 6:30pm



Cost: \$60/person

**Includes: Admission & Motorcoach transportation
Lunch on your own in their on site Diner or Cafe**

Come explore over 500 vintage cars and 100 pedal cars on display at the Gilmore Car Museum! The museum grounds span 90 acres and house one of the largest displays of automotive mascots and name badges in North America, with more than 1,500 items on display.

Payment required to reserve seat.
All trips are non-refundable unless we are able to fill your seat.

Registration Required
248-926-0063
Richardson Senior Center

In partnership with
Activity Center
Highland Township

Travel with us!

Premier World Discovery

Travel Show

**October 22
1pm**

Join us for an opportunity to learn about upcoming trips in 2025 and 2026!
Tracey will give a brief overview on the different trips available and answer any questions you may have .

Register by calling 248-926-0063



September 2025

Mon	Tue	Wed	Thu	Fri
1 CLOSED Labor Day	2 Rusty Rosman—11am 9:30 - Knit & Crochet 10:00 - Woodcarving 12:00 - Senior Lunch 12:30 - Euchre 1:30 - Zumba Gold	3 9:30 - Total Body 12:00 - Senior Lunch 12:00 - Pinochle	4 Pizza & Movie—12p 10:00- Yoga 12:00- Lunch & Movie 1:30- Zumba Gold	5 9:00– Art 9:30– Total Body 12:00-Senior Lunch 12:30– Mexican Train, Bridge, Hand/Knee/Foot
8 9:30– Total Body 11:00– Mah Jongg 12:00– Senior Lunch 12:30– Bingo 1:00– Yoga	9 9:30 - Knit & Crochet 10:00 - Woodcarving 11:30 - Potluck Luncheon 12:30 - Euchre 1:30 - Zumba Gold	10 Magnolia by the Lakes 12:30 Computer Help— 3:00 9:30 -Total Body 12:00 - Senior Lunch 12:00 - Pinochle	11 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	12 9:00– Art 9:30– Total Body 12:00-Senior Lunch 12:30– Mexican Train, Bridge, Hand/Knee/Foot
15 9:30– Total Body 11:00– Mah Jongg 12:00– Senior Lunch 12:30– Bingo 1:00– Yoga	16 Ask the Attorney 10:00 9:30 - Knit & Crochet 10:00 - Woodcarving 12:00 - Senior Lunch 12:30 - Euchre 1:30 - Zumba Gold	17 9:30 -Total Body 12:00 - Senior Lunch 12:00 - Pinochle	18 Detroit Tigers Game Preparing for Medicare-10:00 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	19 9:00– Art 9:30– Total Body 12:00-Senior Lunch 12:30– Mexican Train, Bridge, Hand/Knee/Foot
22 9:30– Total Body 11:00– Mah Jongg 12:00– Senior Lunch 12:30– Bingo 1:00– Yoga	23 Advanced Directives— 10:00 9:30 - Knit & Crochet 10:00 - Woodcarving 12:00 - Senior Lunch 12:30 - Euchre 1:30 - Zumba Gold	24 Book Club Susan Jackson—Lunch & Learn 12:00 9:30 -Total Body 12:00 - Senior Lunch 12:00 - Pinochle	25 Gilmore Car Museum Fall Prevention -11:30 10:00- Yoga 12:00- Lunch & Movie 1:30- Zumba Gold	26 9:00– Art 9:30– Total Body 12:00-Senior Lunch 12:30– Mexican Train, Bridge, Hand/Knee/Foot
29 9:30– Total Body 11:00– Mah Jongg 12:00– Senior Lunch 12:30– Bingo 1:00– Yoga	30 9:30 - Knit & Crochet 10:00 - Woodcarving 11:30 - Theme Lunch 12:30 - Euchre 1:30 - Zumba Gold			

October 2025

Mon	Tue	Wed	Thu	Fri
		1 Jukebox Bingo—1:00 9:30 - Total Body 12:00 - Senior Lunch 12:00 - Pinochle	2 Pizza & Movie 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	3 9:00— Art 9:30— Total Body 12:00—Senior Lunch 12:30— Mexican Train, Bridge, Hand/Knee/Foot
6 9:30— Total Body 11:00— Mah Jongg 12:00— Senior Lunch 12:30— Bingo 1:00— Yoga	7 Knee & Hip Pain—11am 9:30 - Knit & Crochet 10:00 - Woodcarving 12:00 - Senior Lunch 12:30 - Euchre 1:30 - Zumba Gold	8 Susan Jackson—11:30 Computer Help - 2:00 9:30 - Total Body 12:00 - Senior Lunch 12:00 - Pinochle	9 Senior Expo All Activities Canceled	10 9:00— Art 9:30— Total Body 12:00—Senior Lunch 12:30— Mexican Train, Bridge, Hand/Knee/Foot
13 CLOSED Columbus Day	14 9:30 - Knit & Crochet 10:00 - Woodcarving 11:30 - Potluck Luncheon 12:30 - Euchre 1:30 - Zumba Gold	15 9:30 - Total Body 12:00 - Senior Lunch 12:00 - Pinochle	16 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	17 9:00— Art 9:30— Total Body 12:00—Senior Lunch 12:30— Mexican Train, Bridge, Hand/Knee/Foot
20 9:30— Total Body 11:00— Mah Jongg 12:00— Senior Lunch 12:30— Bingo 1:00— Yoga	21 Affinity Mind Activity 10:00 9:30 - Knit & Crochet 10:00 - Woodcarving 12:00 - Senior Lunch 12:30 - Euchre 1:30 - Zumba Gold	22 Travel Show -1:00 9:30 - Total Body 12:00 - Senior Lunch 12:00 - Pinochle	23 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	24 9:00— Art 9:30— Total Body 12:00—Senior Lunch 12:30— Mexican Train, Bridge, Hand/Knee/Foot
27 9:30— Total Body 11:00— Mah Jongg 12:00— Senior Lunch 12:30— Bingo 1:00— Yoga	28 9:30 - Knit & Crochet 10:00 - Woodcarving 11:30 - Theme Lunch 12:30 - Euchre 1:30 - Zumba Gold	29 Social Security Seminar-1pm Book Club 9:30 - Total Body 12:00 - Senior Lunch 12:00 - Pinochle	30 Hope for the Holidays 12:00 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	31 9:00— Art 9:30— Total Body 12:00—Senior Lunch 12:30— Mexican Train, Bridge, Hand/Knee/Foot



AUTUMN

WORD SEARCH

Can you find all the words related to autumn?

p	o	c	d	k	e	g	w	j	a	y	g	j	d	w
j	u	e	l	e	g	e	o	m	q	c	x	x	e	r
a	e	m	m	s	r	m	r	s	u	a	o	c	u	s
r	m	s	p	n	b	o	c	c	y	r	r	r	c	w
e	g	v	r	k	v	k	e	a	h	v	k	i	n	l
g	l	u	q	f	i	y	r	r	d	x	d	z	f	e
n	s	p	c	m	e	n	a	f	q	e	i	x	h	h
b	p	c	p	l	i	j	c	z	r	m	t	l	d	n
n	r	o	c	a	o	q	s	c	k	w	m	e	v	k
k	y	d	p	p	g	a	q	m	b	r	k	e	p	o
b	k	q	r	e	e	s	o	r	t	a	h	f	j	u
s	u	n	f	l	o	w	e	r	r	v	t	t	m	j
x	s	q	u	i	r	r	e	l	m	f	t	k	o	x
b	j	e	x	o	j	j	n	e	j	p	d	i	w	u
b	j	w	p	s	k	z	i	v	t	u	k	v	l	j

acorn

apple

cider

corn

deer

owl

pumpkin

scarecrow

rake

scarf

squirrel

sunflower





YOU'RE INVITED

Flannel & Friends

A SOCIAL EVENT AT WALTONWOOD TWELVE OAKS

THURSDAY SEPTEMBER 25TH 1-3 PM

Call today 248-735-1500 | Limited Seating

Please wear your best flannel attire

27475 HURON CIRCLE NOVI MI

WALTONWOOD.COM | SINGHCAREERS.COM



KARI WEST, CSA, CDP

SENIOR CARE ADVISOR

(248) 931-4646

KWEST@CAREPATROL.COM



CARE *Patrol*™

Your Partner In Senior Care Solutions

Are you confused by all of the different options and unsure where to get information and resources?

Are you ready to downsize and move into an active Independent Senior Living community?

Would you or a loved one benefit from the care and security of living in an Assisted Living or Memory Care Community? Perhaps you just need a little extra help at home?

CONTACT KARI WEST TO SET UP YOUR PRIVATE COMPLIMENTRY CONSULTATION TODAY. SHE WILL HELP YOU NAGIVATE THROUGH THE BEST OPTIONS FOR YOUR INDIVIDUAL NEEDS.





MEDICARE

You have your Medicare Advantage, or Medigap and Part D Plans, but what about:

- Hospital Indemnity
- Critical Illness/Cancer Protection
- Accident Plans?

I can show you how they complement what you have and provide benefits you may not have even considered.

**I offer free
consultations and a
wide range of Medicare
solutions.**



Call Me

SUE STARR MORSE
LICENSED LOCAL AGENT
PH# 248-212-7771



Pleasantry
Home Care

Our Mission

At **PLEASANTRY HOME CARE** we are here to provide you or your loved one with peace of mind, quality care, and the respect they deserve through personal care.

PLEASANTRY HOME CARE

- » Private Duty Services
- » Companionship
- » Hygiene Assistance
- » Light Massages
- » Meal Preparation/ Feeding
- » Medication Reminder
- » Organize mail
- » Light Housekeeping
- » Errands / Shopping
- » Reassurance calls
- » Day & Night care services

Contact

Tamika Littleton
586 718-2868

At Pleasantry Home Care,
we believe every day
should be a pleasant day



Pleasantry
Senior Living

Our Mission

PLEASANTRY SENIOR LIVING will provide exceptional quality care to our residents by offering a level of care that promotes independence while recognizing each person's individuality through a commitment to treat each resident with dignity, courtesy and respect they deserve in a safe, loving home environment.

PLEASANTRY SENIOR LIVING LICENSED ADULT FOSTER CARE HOME

- » For Male / Female
- » Memory Care & Home for Aged
- » Private Rooms
- » Open floor plan
- » Spacious Outdoor Deck
- » 24 Hour Supervision
- » All inclusive services for one flat rate
- » Located in Commerce Twp 48382

Contact

Tamika Littleton
586 718-2868

Our door is open to you –
So that you are not alone,
We are Pleasantry Senior Living –
giving you a caring
and pleasant home!

About Pleasantry Home Care:

I had a dear neighbor who was diagnosed with Dementia. She seemed very unhappy at the thought of having to relocate to a nursing home once her Dementia starts to progress.

She wanted to continue to remain in a place she was familiar with, but at the same time she was unsure of the cost of home care and if it would even fit her budget. I saw her declining more every day with the concern of leaving her home. and I stopped and asked myself, "Why not be able to have the best of both worlds?" **Quality service with reasonable rates** will allow you to have a longer, healthier, and happier life, and I knew I would want that for myself one day. This is one of the reasons why Pleasantry Home Care exists today.

I'm aware of the financial predicament we are all facing in today's economy. I realize the importance of our health and wellbeing in determining our quality of life.

When times get hard, we feel the need to overlook what's important and only focus on what we think we can afford. This is why we offer fair rates with quality service. While getting the best care, your finances are the least of your worries.

Thank you for considering Pleasantry Home Care!

Tamika Littleton, Owner/ Founder



Best Health Options LLC



Ask the Medicare Lady



Medicare Questions? I've got answers!

**Get the right Medicare plan
for you!**

Call Susan Jackson

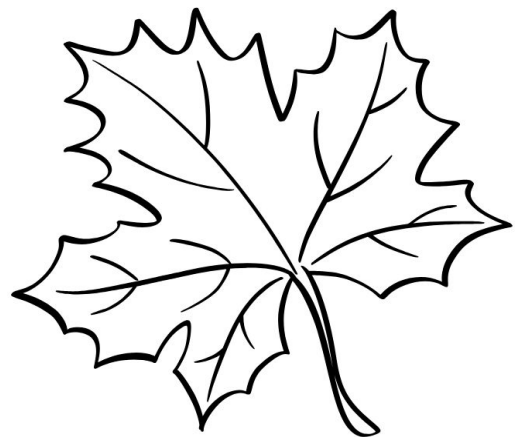
Independent Licensd Healthcare Agent

248-819-9541



Design Your Own Leaf

to decorate the Richardson Center for fall



1. Color your leaf at home OR at the Richardson Center
2. Cut Out your Leaf
3. Bring to the Richardson Center for us to hang on the tree

COMMERCE TOWNSHIP

Richardson Community Senior Center

1485 E. Oakley Park Rd
Commerce Township, MI 48390

Phone: 248-926-0063

Fax: 248-325-5349

Hours: 8:00AM - 4:30PM

Monday - Friday

www.commercetwp.com

