

Commerce Township Richardson Review

November & December

Richardson Community Senior Center

1485 E. Oakley Park Rd. Commerce Township, MI 48390

Phone (248) 926-0063 Fax (248)325-5349 8:00am - 4:30pm Mon - Fri

www.commercetwp.com

Director

Emily England eengland@commercetwp.com

Staff

Allison Kennedy akennedy@commercetwp.com

Melissa Gardner mgardner@commercetwp.com

Letter from the Director

We have a large number of emails on our mailing list which are coming back as undeliverable. If you previously signed up for an electronic newsletter and are not receiving one, please email us at SeniorServices@Commercetwp.com so we can update our records!

It's great to see so many seniors enjoying their time at the Richardson Senior Center. We have a wide of variety of great activities coming up over the next two months in addition to our regularly scheduled activities! We're happy to have Waltonwood Twelve Oaks back again this year to sponsor our Veterans Luncheon. Join us as we pay tribute to our Veterans with lunch and entertainment. The Senior Center will be hosting a Holiday Luncheon in December with The Senior Compass Group sponsoring dessert and entertainment. These events are limited, please reserve your seat early.

We will be working to sponsor a local family again this holiday season. Please check the front lobby at the center for our giving tree.

Sincerely,

Emily, Allison, Melissa & Maria

Commerce Township provides information about seminars and workshops, we do not endorse any private company; we merely inform consumers of the availability of the service. As a consumer, you are encourages to independently research and ask for referrals.

SIGN UP FOR ALL FUNCTIONS
AND EVENTS AT THE CENTER
WILL TAKE PLACE ON October
18 @ 8AM. NO RESERVATIONS
WILL BE TAKEN BEFORE 8AM.
PLEASE LEAVE A MESSAGE, WE
GO BY TIME STAMPED ON
VOICEMAIL, YOU CAN ONLY
RESERVE FOR 2 PEOPLE WHEN
YOU CALL.

Senior Lunch Program

The senior lunch program is available Monday thru Friday at 12:00 noon. Please, call our center to reserve your lunch a minimum of 2 business days in advance.

248-926-0063



Important Phone Numbers

Commerce Twp. Offices 248-624-0110

Police Department Non Emergency 248-858-4950

Commerce Twp Library 248-669-8108

Alzheimer Association 800-337-3827

Area Agency on Aging 800-852-7795

Social Security 800-772-1213

Oakland County Health
Division
800-848-5533

Haven 24 hour Crisis Line 877-922-1274

Meals on Wheels 810-632-2155



CLIP THIS COUPON AND RECEIVE 1 FREE LUNCH THE MONTH OF YOUR BIRTHDAY!

> PLEASE CALL 2 DAYS IN ADVANCE TO REGISTER FOR LUNCH

> > 248-926-0063



RICHARDSON SENIOR CENTER

Day: First Wednesday of the month Time: 10AM - 2PM

> Lay papers flat No paper clips Remove items from envelopes Only items that need shredding No checkbooks



Donations are always welcome at the Richardson Senior Center. Here is a list of supplies we use: Coffee

Napkins Small Plates Paper Towels Plastic Silverware



SIGN UP BEGINS WEDNESDAY, OCTOBER 18 @ 8:00AM

MANY OF OUR ACTIVITIES HAVE LIMITED QUANTITIES, WE WILL TAKE SIGN-UPS IN THE ORDER THEY ARE RECEIVED. IF YOU CALL AND WE DON'T ANSWER, PLEASE LEAVE A MESSAGE, WE WILL GET BACK TO YOU TO CONFIRM YOUR REGISTRATION!

Richardson Senior Center 248-926-0063

When calling to register for an activity, you may register for yourself and 1 additional person. Any calls received before 8 AM will not be added to event registration.



Richardson Senior Center Monday Tuesday Wednesday **Thursday** Friday 9:30 - Knit & Crochet 9:30 - Total Body 10:00 - Yoga 9:00 - Art 9:30 - Total Body 10:00 - Woodcarving 11:00 - Mahjong 9:30 - Total Body 12:00 - Lunch/Movie 10:00 - Tai Chi 12:00 - Lunch 12:00 - Senior Lunch 1:30 - Zumba Gold 12:00 - Senior Lunch 12:00 - Senior Lunch 12:30 - Bingo 12:30 - Mexican Train 12:30 - Euchre 12:00 - Pinochle 1:00 - Yoga 12:30 - Hand/Foot 1:30 - Zumba Gold 12:30 - Bridge

UPCOMING EVENTS

Wed. Nov 1 - Medicare Q& A Bingo

Thur. Nov 2 - CarePatrol Pizza

Wed. Nov 8 - 2U Vision

Wed. Nov 8 - Veteran's Day Lunch

Wed. Nov 8 - Computer Help

Thur. Nov 9 - NO YOGA

Fri. Nov 10 - CLOSED

Tues. Nov 14 - Henry Ford

Wed. Nov 15 - Nemes & Rush

Wed. Nov 15 - Ask the Attorney

Thur. Nov 16 - Computer Club

Fri. Nov 17 - Glass Art Class

Thur. Nov 23 - CLOSED

Fri. Nov 24 - CLOSED

Wed. Nov. 29- Book Club

Fri. Dec 1 - Winter Doormat class

Wed. Dec 6 - Ford House Day trip

Thur. Dec 7 - Crafts with Kari

Thur. Dec 7 - CarePatrol Pizza

Wed. Dec 13 - Holiday Luncheon

Wed. Dec 13 - Computer Help

Wed. Dec 13 - NO TOTAL BODY

Thur. Dec 14 - Computer Club

Dec 25 - Dec 29 - CLOSED

REGULARLY SCHEDULED EVENTS MAY BE CANCELLED OR MOVED FOR SPECIAL EVENTS ON OCCASSION. PLEASE CHECK THE BACK CALENDAR FOR ANY NOTICES AND FOLLOW OUR FACEBOOK PAGE FOR LAST MINUTE UPDATES



CARDS



Pinochle

Wednesday 12:00 - 3:30



Hand, Foot & Knee

Friday 12:30 - 3:30



Euchre

Tuesday 12:30 - 3:30



Bridge

Friday 12:30-3:30





Art Group

Friday 9:00 - 11:00



Mexican Train
Friday
12:30-3:30





Monday 12:30 - 3:30

\$0.25/card



Knit & Sew

Tuesday 9:00 - 11:00



MahJong Monday 11:00 - 1:00

Exercise and Movement

TAI CHI @
THE RICHARDSON SENIOR
CENTER



WEDNESDAY 10:00AM - 11:00AM

COST: \$5/CLASS OR 4 CLASSES FOR \$15



Yoga

with Debbie





Debbie's vinyasa style class welcomes all levels, including those that have never practiced. The flows are developed with the senior body in mind. Debbie is RYT200 certified with 5 years of teaching experience and has been practicing for 15 years.

Richardson Senior Center Monday 1:00 PM - 2:00PM Thursday 10:00 AM - 11:00AM

COST: \$5/CLASS



TOTAL BODY FITNESS

Patty has been interested in fitness her whole life and is passionate about helping others feel great and has been working with the senior population for several years. As a martial arts teacher for over 15 years, she is also certified in strength and training. Patty also received certification from Beaumont Hospital as a yoga therapist.

Work at your own pace on Strength, Balance and Mobility, with Patty to keep our bodies strong, healthy and flexible while having fun with friends at the same time!!

MON, WED & FRI 9:30 AM - 10:30 AM COST: \$2/CLASS





Come Dance with Maria

Along with being certified in Zumba Gold, Maria has a variety of Zumba certifications including Zumba Brazil, Zumba Core and Zumba Glutes. No previous experience needed to join this class as all participants are encouraged to do what they are comfortable with.

TUESDAY & THURSDAY 1:30 - 2:30 COST: \$5



POTLUCK

Do you enjoy cooking/baking and enjoy lunch with friends?

Check out our monthly potluck luncheon!

TUESDAY, NOVEMBER 14

11:30 AM

MAIN COURSE: TURKEY

TUESDAY, DECEMBER 12 11:30 AM

MAIN COURSE: BAKED HAM

*** **** *** ***

The main course will be provided by the Richardson Senior Center.

- 1. All participants MUST signup 2 days in advance
- 2. All participants MUST bring a dish to pass
- 3. Bring enough to serve all in attendance

(Menu subject to change without notice)

**Please note the time change



SENIOR LUNCHEON

TUESDAY, NOVEMBER 28 11:30 AM

MAIN COURSE: CHICKEN & DUMPLINGS

Our monthly senior luncheon on the last Tuesday of every month is FREE to all seniors 60+.



Registration is required 2 days prior to luncheon Stop by for your monthly blood pressure screening compliments of Affinity Senior Care.



Movie & Lunch



Thursday 12PM - 3PM



Nov. 2: Nov. 9: Nov. 16:

NOV. 16:

Nov. 30:

Dec. 7:

Dec .14:

Dec. 21:

Book Club: The Next Chapter

The Intouchables

Maudie

The Fabelmans

Miracle on 34th Street

It's a Wonderful Life

The Santa Clause

PG-13 (2023)

R (2011)

PG-13 (2016)

PG-13 (2022)

PG (1994)

PG (1947)

PG (1994)

Cost: \$3.50

No charge if you bring a lunch

Please call **248-926-0063** to reserve your spot today!

Space is limited





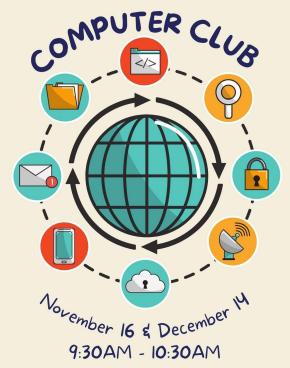
Nov. 2

&

Dec. 7

Sponsored by:





Do you have questions about your email or using the internet. Join Melissa at the Richardson Senior Center for a small group session, Internet & Email 101. We will not have individual help at these sessions

Space will be limited and registration is required.
Please call 248-926-0063



GROUP MEETS AT:
RICHARDSON SENIOR CENTER

November 29th:

The Plague of Doves By: Louise Erdich

> No Book Club for the month of December







ARE YOU LOOKING FOR ASSISTANCE WITH A COMPUTER OR TABLET? HAVE QUESTIONS ABOUT A SPECIFIC PROGRAM? STEVE FROM THE LIBRARY WILL BE HERE TO OFFER COMPUTER HELP!

NOVEMBER 8 & DECEMBER 13 2PM - 3PM

RESERVATIONS ARE REQUIRED! 30 MINUTE TIME LIMIT



This is a great opportunity to have a one on one 15 minute session with an attorney. The attorney will only come if there are 5 people with appointments.

Please call 248-926-0063 to book your 15 minute consultation with the attorney.





Friday, November 17 11:30 -3:00

Cost: \$50
Includes:
All supplies to complete project & lunch

Sign up begins now!
Register by calling
248-926-0063

WHILE BACHEL



Friday, December 1st 11:30 -3:00

> Cost: \$45 Includes:

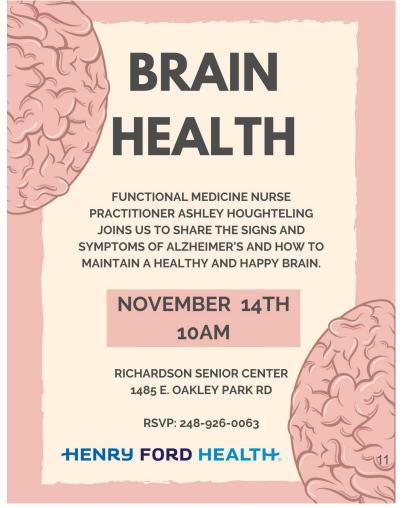
All supplies to complete project & lunch

Sign up begins now!
Register by calling
248-926-0063













VETERANS DAY





Richardson Senior Center 1485 E. Oakley Park Rd

BREWON,YACENCEW

MECOS-MECOSE

LUNCH PROVIDED BY:



RSVP by calling: 248-926-0063



Ford House Tour

Join us for a tour of the Edsel & Eleanor Ford house decorated for the holidays.

DECEMBER 6

9:30AM - 3:00PM

COST: \$60

INCLUDES: TRANSPORTATION, TOUR & BUFFET LUNCH AT THE FORD HOUSE

Register by calling: 248-926-0063

Non-refundable unless we can fill your spot. Payment required 5 business days within registration





RICHARDSON SENIOR CENTER

Holiday Luncheon

LUNCH & ENTERTAINMENT

WEDNESDAY, DECEMBER 13

11:30AM - 1:30PM

NO COST

Registration required 248-926-0063

Space is limited, please register early

ENTERTAINMENT & DESSERT SPONSORED BY:



LUNCH PROVIDED BY: RICHARDSON SENIOR CENTER





WE'RE AGAIN HOSTING A REVERSE ADVENT CALENDAR THIS YEAR. ON DAYS YOU ARE VISITING THE SENIOR CENTER PLEASE DONATE AN ITEM FOR THE DAY IF YOU ARE ABLE. DONATIONS WILL GO TOWARDS OUR FAMILY WE ADOPT & HOSPITALITY HOUSE.



ASK THE ADVISOR

- Are you ready to downsize and move into an active Independent Retirement community?
- Would you or a loved one benefit from the care and security of living in an Assisted Living community or just need help at home.
- Confused by all the different options?
- Unsure where to start your search?

KARI WEST

CERTIFIED SENIOR ADVISOR (248) 931-4646



UP YOUR PRIVATE

CONSULTATION TO DISCUSS

THE BEST OPTIONS ON CARE

NEEDS AND QUALITY OF LIFE

FOR YOUR LOVED ONES.

November 2023

Mon	Tue	Wed	Thu	Fri
		1 Tyrone Carr Pizza & Bingo 9:30—Total Body 10:00—Tai Chi 12:00—Senior Lunch 12:00—Pinochle	2 CarePatrol Pizza & Movie 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	3 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee
6 9:30—Total Body 11:00—Mahjong 12:00—Senior Lunch 12:30—Bingo 1:00—Yoga	7 9:30—Knit & Crochet 10:00—Woodcarving 12:00—Senior Lunch 12:30—Euchre 1:30—Zumba Gold	8 2U Vision—12PM Veterans Luncheon—12:30PM 9:30—Total Body 10:00—Tai Chi 12:00—Senior Lunch 12:00—Pinochle	9 N o YoGA 12:00—Lunch & Movie 1:30—Zumba Gold	IC OSED
13 9:30—Total Body 11:00—Mahjong 12:00—Senior Lunch 12:30—Bingo	14 Henry Ford 104M 9:30—Knit & Crochet 10:00—Woodcarving 11:30—Potluck 12:30—Euchre 1:30—Zumba Gold	15 Jack Bolling 104M Nemes Rush—12PM 9:30—Total Body 10:00—Tai Chi 12:00—Senior Lunch 12:00—Pinochle	16 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	17 Glass Art—11:30AM 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee
20 9:30—Total Body 11:00—Mahjong 12:00—Senior Lunch 12:30—Bingo 1:00—Yoga	21 9:30—Knit & Crochet 10:00—Woodcarving 12:00—Senior Lunch 12:30—Euchre 1:30—Zumba Gold	22 9:30—Total Body 10:00—Tai Chi 12:00—Senior Lunch 12:00—Pinochle	CLOSED	CLOSED
27 9:30—Total Body 11:00—Mahjong 12:00—Senior Lunch 12:30—Bingo 1:00—Yoga	28 9:30—Knit & Crochet 10:00—Woodcarving 11:30—Senior Lunch 12:30—Euchre 1:30—Zumba Gold	29 Book Club—104M 9:30—Total Body 10:00—Tai Chi 12:00—Senior Lunch 12:00—Pinochle	30 10:00—Yoga 12:00—Lumch & Movie 1:30—Zumba Gold	

December 2023

Mon	Tue	Wed	Thu	Fri
				1 Doormat Class—11:30.4M 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee
4 9:30—Total Body 11:00—Mahjong 12:00—Senior Lunch 12:30—Bingo 1:00—Yoga	5 9:30—Knit & Crochet 10:00—Woodcarving 12:00—Senior Lunch 12:30—Euchre 1:30—Zumba Gold	6 Ford House Visit 9:30—Total Body 10:00—Tai Chi 12:00—Senior Lunch 12:00—Pinochle	7 CarePatrol Pizza & Movie Crafts w/Kari—104M 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	8 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee
11 9:30—Total Body 11:00—Mahjong 12:00—Senior Lunch 12:30—Bingo 1:00—Yoga	12 9:30—Knit & Crochet 10:00—Woodcarving 11:30—Potluck 12:30—Euchre 1:30—Zumba Gold	13 Holiday Luncheon—11:30 9:30—NO TOTAL BODY 10:00—Tai Chi 12:00—Senior Lunch 12:00—Pinochle 2:00—Computer Help	14 9:30—Computer Club 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	15 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee
18 9:30—Total Body 11:00—Mahjong 12:00—Senior Lunch 12:30—Bingo 1:00—Yoga	19 9:30—Knit & Crochet 10:00—Woodcarving 12:00—Senior Lunch 12:30—Euchre 1:30—Zumba Gold	20 9:30—Total Body 10:00—Tai Chi 12:00—Senior Lunch 12:00—Pinochle	21 10:00—Yoga 12:00—Lumch & Movie 1:30—Zumba Gold	22 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee
CLOSED	26 CLOSED	CLOSED	CLOSED	CLOSED

Every day is an adventure at Waltonwood!



Waltonwood Twelve Oaks caters to seniors who desire social opportunities and a carefree lifestyle, with the peace-of-mind knowing assistance is available when needed. With a great location and warm, caring staff, you'll feel at home as soon as you step inside.

LIMITED TIME OFFERS: Sign a 12 month lease in August 2023, and we'll take \$1,000 off your rent for 6 months, AND lock your rental rate for life!*

Sign a 12 month lease in September 2023, and we'll take \$1,000 off your rent for 3 months.*

The sooner you move, the more you'll save AND the sooner your next adventure will begin.



Call Heather or Donna and schedule a tour today!
248-735-1500

Independent Living, Licensed Assisted Living & Memory Care 27475 Huron Circle, Novi, MI 48377

*Offers valid for new move ins only. Rate lock applies for market rent price at the time lease is signed.

Rate lock is not transferable; if you change level of care, your rental rate will change.





It's back & better than ever!

The Avalon Diamond Club is ideal for older adults who are looking for activities in their local community! This exclusive club is the perfect spot for you. Join today!

MEMBERSHIP PERKS

- Free lunch & learn guest speakers, 3rd Thursday of the month!
- Free blood pressure checks!
- Exclusive events!
- Free use of common spaces!
- Select move-in incentives!

Ready to join? Contact Bryan Neal by calling (248) 387-2961 or email bneal@theavalonofcommercetownship.com.

2500 Martin Parkway Commerce Township, MI 48390





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Within our inspiring setting, you can craft a luxurious lifestyle at your own pace. Our full-time team is at your service giving you time to make the most of each day. It's an enriching lifestyle that frees you up to continue your life story with ease.



WHY WAIT? ACT NOW! CALL 248-609-1170

CONTINUE YOUR LIFE STORY WITH US ANTHOLOGY OF NOVI 42400 W. 12 Mile Rd. / Novi, MI Independent Living / Assisted Living / Memory Care









COMMERCE TOWNSHIP

Richardson Community Senior Center

1485 E. Oakley Park Rd

Commerce Township, MI 48390

Phone: 248-926-0063

Fax: 248-325-5349

Hours: 8:00AM - 4:30PM

Monday - Friday

www.commercetwp.com









