









**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 JANUARY MENU-COMMERCE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	HOT LUNCH \$4.00		<p>PLEASE CALL 24 HOURS IN ADVANCED TO CANCEL MEALS 248-926-0063</p> <p>MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
			<p>1 CLOSED</p> 	<p>2</p> <p>Swiss Steak Green Beans Mashed Potatoes Whole Grain Bread Mandarin Oranges</p>
<p>5</p> <p>Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple</p>	<p>6</p> <p>Beef Tacos Cheese & Lettuce Salsa & Sour Cream Refried Beans & Corn Tortillas Pineapple</p>	<p>7</p> <p>Chicken & Dumplings w/ Peas & Carrots Broccoli Dinner Roll Banana</p>	<p>8</p> <p>Beef Lasagna Italian Vegetables Tossed Salad Breadstick Pears</p>	<p>9</p> <p>Baked Cod Macaroni & Cheese Mixed Vegetables Whole Wheat Bread Mandarin Oranges</p>
<p>12</p> <p>Baked Ham Scalloped Potatoes Green Beans Dinner Roll Apple</p>	<p>13</p> <p><u>POTLUCK</u> Baked Potato Bar Sour Cream Butter Bacon Bits Cheese</p>	<p>14</p> <p>Chicken & Broccoli Casserole Coleslaw Mixed Vegetables Biscuit Banana</p>	<p>15</p> <p>Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Apple Sauce</p>	<p>16</p> <p>Pulled BBQ Chicken Sandwich Hamburger Bun Potato Wedges Brussel Sprouts Mandarin Oranges</p>
<p>19 CLOSED</p> <p>HAPPY MARTIN LUTHER KING JR. DAY WE WILL BE CLOSED</p>	<p>20</p> <p>Macaroni & Cheese Stewed Tomatoes Green Beans Dinner Roll Apple</p>	<p>21</p> <p>Chicken Pot Pie Biscuit Crust Tossed Salad Mixed Vegetables Banana</p>	<p>22</p> <p>Sloppy Joe Hamburger Bun Three Bean Salad Carrots Pineapple</p>	<p>23</p> <p>Golden Crispy Chicken Roasted Sweet Potatoes Peas Whole Grain Bread Mandarin Oranges</p>
<p>26</p> <p>Country Fried Steak Mashed Potatoes Carrots Whole Grain Bread Apple</p>	<p>27</p> <p><u>THEME</u> Golden Crispy Chicken Roasted Sweet Potatoes Peas Whole Grain Bread Mandarin Oranges</p>	<p>28</p> <p>Meatloaf w/gravy New Potatoes Peas & Carrots Dinner Roll Banana</p>	<p>29</p> <p>Italian Meatball Sub Sub Bun Mixed Vegetables Coleslaw Mixed Fruit</p>	<p>30</p> <p>Chicken Ala King Green Beans White Rice Biscuit Mandarin Oranges</p>

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 JANUARY MENU-SANDWICH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SACK LUNCH \$4.00		<p>PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155</p> <p>MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
			<p align="center">1 CLOSED</p> 	<p align="center">2</p> <p align="center">Chicken Salad Croissant Grapes/Celery/Onions/Lettuce Coleslaw Banana Milk</p>
<p align="center">5</p> <p align="center">Roast Beef Sandwich Lettuce & Cheddar Cheese Whole Wheat Bread Pasta Veggie Salad Carrot Sticks Pears Milk</p>	<p align="center">6</p> <p align="center">Ham and Cheese Sandwich Lettuce Whole Grain Bread Coleslaw Pineapple Milk</p>	<p align="center">7</p> <p align="center">Grilled Chicken Sandwich Lettuce & Cheese Whole Wheat Bun Potato Salad Apple Sauce Milk</p>	<p align="center">8</p> <p align="center">Italian Sub Sandwich Lettuce & American Cheese Sub Bun Three Bean Salad Orange Milk</p>	<p align="center">9</p> <p align="center">Tuna Salad Croissant Lettuce Veggie Pasta Salad Carrot Sticks Mandarin Oranges Milk</p>
<p align="center">12</p> <p align="center">Sliced Turkey Sandwich Lettuce & Provolone Cheese Whole Wheat Bread Potato Salad Fruit Cocktail Milk</p>	<p align="center">13</p> <p align="center">Egg Salad Sandwich Croissant Pasta Salad Carrot Sticks Apple Sauce</p>	<p align="center">14</p> <p align="center">Chicken Leg Roll Cucumber & Tomato Salad Peaches Milk</p>	<p align="center">15</p> <p align="center">Corned Beef and Swiss Whole Wheat Bread Thousand Island Dressing Coleslaw Mixed Fruit Milk</p>	<p align="center">16</p> <p align="center">Chicken Salad Croissant Grapes/Celery/Onions/Lettuce Coleslaw Banana Milk</p>
<p align="center">19 CLOSED</p> <p align="center">HAPPY MARTIN LUTHER KING JR. DAY WE WILL BE CLOSED</p>	<p align="center">20</p> <p align="center">Roast Beef Sandwich Lettuce & Cheddar Cheese Whole Wheat Bread Pasta Veggie Salad Carrot Sticks Pears Milk</p>	<p align="center">21</p> <p align="center">Ham and Cheese Sandwich Lettuce Whole Grain Bread Coleslaw Pineapple Milk</p>	<p align="center">22</p> <p align="center">Grilled Chicken Sandwich Lettuce & Cheese Whole Wheat Bun Potato Salad Apple Sauce Milk</p>	<p align="center">23</p> <p align="center">Italian Sub Sandwich Lettuce & American Cheese Sub Bun Three Bean Salad Orange Milk</p>
<p align="center">26</p> <p align="center">Tuna Salad Croissant Lettuce Veggie Pasta Salad Carrot Sticks Mandarin Oranges Milk</p>	<p align="center">27</p> <p align="center">Sliced Turkey Sandwich Lettuce & Provolone Cheese Whole Wheat Bread Potato Salad Fruit Cocktail Milk</p>	<p align="center">28</p> <p align="center">Egg Salad Sandwich Croissant Pasta Salad Carrot Sticks Apple Sauce</p>	<p align="center">29</p> <p align="center">Chicken Leg Roll Cucumber & Tomato Salad Peaches Milk</p>	<p align="center">30</p> <p align="center">Corned Beef and Swiss Whole Wheat Bread Thousand Island Dressing Coleslaw Mixed Fruit Milk</p>