



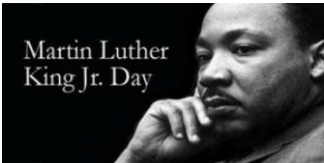




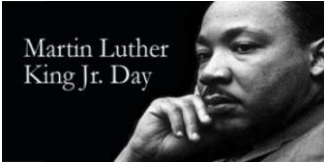


SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2024 JANUARY MENU- COMMERCE SANDWICH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SACK LUNCH \$3.50		PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
1 CLOSED 	2 CLOSED	3 CORNER BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK	4 SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK	5 TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK
8 HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK	9 GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK	10 ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK	11 ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK	12 CHUNKY CHICKEN SALAD GRAPES/CELERY/ONIONS/LETTUCE CROISSANT COLESLAW BANANA MILK
15 <u>CLOSED</u> 	16 CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK	17 CORNER BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK	18 SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK	19 TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK
22 HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK	23 GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK	24 ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK	25 ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK	26 CHUNKY CHICKEN SALAD GRAPES/CELERY/ONIONS/LETTUCE CROISSANT COLESLAW BANANA MILK
29 ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK	30 CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK	31 CORNER BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK		

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2024 JANUARY MENU-COMMERCE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	PAYMENT DUE WITH ORDER HOT MEAL \$3.50		PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
1 CLOSED 	2 CLOSED	3 Chicken Leg Potato Wedges Peas & Carrots Peaches Dinner Roll	4 Beef Lasagna Italian Vegetables Tossed Salad Banana Breadstick	5 Beef Stew Mixed Vegetables Tossed Salad Orange Biscuit
8 Grilled Turkey Burger Hamburger Bun Baked Beans Coleslaw Apple	9 <u>POTLUCK</u> Beef Ravioli	10 Cheese Ravioli Italian Vegetables Tossed Salad Breadstick Banana	11 Chicken & Broccoli Casserole Coleslaw Carrots Pears Biscuit	12 Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Orange
15 <u>CLOSED</u> 	16 Macaroni & Cheese Stewed Tomatoes Green Beans Apple Breadstick	17 Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Banana	18 Lemon Pepper Chicken Rice Pilaf Broccoli Tossed Salad Whole Grain Bread Pineapple	19 Italian Meatball Sub Sub Bun Italian Vegetables Cole Slaw Orange
22 Grilled Chicken Sandwich Hamburger Bun Potato Wedges Carrots Apple	23 Country Fried Steak Mashed Potatoes Green Beans Peaches Whole Grain Bread	24 Sweet Potato Encrusted Pollock Capri Vegetables Macaroni Salad Banana Tartar Sauce	25 Ground Beef Stroganoff Noodles Broccoli Tossed Salad Apple Sauce Dinner Roll	26 Gyro w/tomato & onion Tzatziki Sauce Coleslaw Pita Bread Orange
29 Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple	30 <u>THEME</u> Vegetable Lasagna	31 Baked Ziti Italian Vegetables Tossed Salad Banana Breadstick		