

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2025 FEBRUARY MENU- COMMERCE**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



HOT LUNCH \$3.50



**PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS
248-926-0063**

**MENU SUBJECT TO CHANGE
WITHOUT NOTICE**



3

**Sloppy Joe
Hamburger Bun
Three Bean Salad
Carrots
Apple Sauce**

4

**Chicken & Broccoli Casserole
Coleslaw
Carrots
Banana
Biscuit**

5

**Beef Goulash
Italian Vegetables
Tossed Salad
Peaches
Breadstick**

6

**Chicken Leg
Potato Wedges
Peas & Carrots
Apple
Dinner Roll**

7

**Baked Cod
Macaroni & Cheese
Brussel Sprouts
Orange
Whole Wheat Bread**

10

**Sweet & Sour Chicken
Asian Vegetables
Whole Grain Rice
Apple
Whole Grain Bread**

11

***POTLUCK*
Chicken Croissant Sandwiches**

12

**Chicken Chili
Corn
Tossed Salad
Banana
Oyster Crackers**

13

**Golden Crispy Chicken
Mashed Sweet Potatoes
Spinach
Orange
Dinner Roll**

14

**Spaghetti w/ Meat Sauce
Italian Vegetables
Tossed Salad
Breadstick
Pears
Heart Cookie**

17

CLOSED



18

**Beef & Bean Burrito
w/ tortilla
Corn
Spanish Rice
Apple**

19

**Chicken Parmesan
Noodles
Italian Vegetables
Tossed Salad
Peaches**

20

**Hamburger w/cheese
Hamburger Bun
Potato Salad
Broccoli
Orange**

21

**Chicken Ala King
Green Beans
White Rice
Mixed Fruit
Biscuit**

24

**Chicken Tenders (2)
Coleslaw
Apple
Green Beans
Wedge Potatoes**

25

***THEME*
Sweet and Sour Chicken
Asian Vegetables
Whole Grain Rice
Pineapple
Whole Grain Bread**

26

**Italian Meatball Sub
Sub Bun
Italian Vegetables
Coleslaw
Apple Sauce**





27

**Copper Country Pie
Mixed Vegetables
Corn Bread Topping
Tossed Salad
Banana**

28

**Grilled Turkey Burger
Hamburger Bun
Baked Beans
Coleslaw
Orange**

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2025 FEBRUARY MENU- SANDWICH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p align="center">SACK LUNCH \$3.50</p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
<p align="center">3</p> <p align="center">ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</p>	<p align="center">4</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</p>	<p align="center">5</p> <p align="center">CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</p>	<p align="center">6</p> <p align="center">CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK</p>	<p align="center">7</p> <p align="center">HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</p>
<p align="center">10</p> <p align="center">CORNEB BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</p>	<p align="center">11</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	<p align="center">12</p> <p align="center">TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</p>	<p align="center">13</p> <p align="center">GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</p>	<p align="center">14</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</p>
<p align="center">17</p> <p align="center">CLOSED</p> 	<p align="center">18</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</p>	<p align="center">19</p> <p align="center">CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</p>	<p align="center">20</p> <p align="center">CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK</p>	<p align="center">21</p> <p align="center">HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</p>
<p align="center">24</p> <p align="center">CORNEB BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</p>	<p align="center">25</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	<p align="center">26</p> <p align="center">TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</p>	<p align="center">27</p> <p align="center">GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</p>	<p align="center">28</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</p>