





**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2024 FEBRUARY MENU- COMMERCE SANDWICH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p align="center">SACK LUNCH \$3.50</p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
			<p align="center">1</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	<p align="center">2</p> <p align="center">TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</p>
<p align="center">5</p> <p align="center">HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</p>	<p align="center">6</p> <p align="center">GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</p>	<p align="center">7</p> <p align="center">ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</p>	<p align="center">8</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</p>	<p align="center">9</p> <p align="center">CHUNKY CHICKEN SALAD GRAPES/CELERY/ONIONS/LETTUCE CROISSANT COLESLAW BANANA MILK</p>
<p align="center">12</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</p>	<p align="center">13</p> <p align="center">CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK</p>	<p align="center">14</p> <p align="center">PEANUT BUTTER AND JELLY WHOLE WHEAT BREAD POTATO SALAD CARROT STICKS APPLE SAUCE MILK</p>	<p align="center">15</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	<p align="center">16</p> <p align="center">TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</p>
<p align="center">19</p> <p align="center">CLOSED</p> 	<p align="center">20</p> <p align="center">GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</p>	<p align="center">21</p> <p align="center">ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</p>	<p align="center">22</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</p>	<p align="center">23</p> <p align="center">PEANUT BUTTER AND JELLY WHOLE WHEAT BREAD POTATO SALAD CARROT STICKS APPLE SAUCE MILK</p>
<p align="center">26</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</p>	<p align="center">27</p> <p align="center">CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK</p>	<p align="center">28</p> <p align="center">CORNER BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</p>	<p align="center">29</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	

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2024 FEBRUARY MENU- COMMERCE**

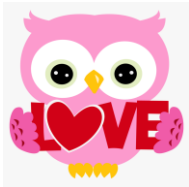
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



HOT LUNCH \$3.50



**PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS
248-926-0063**

**MENU SUBJECT TO CHANGE
WITHOUT NOTICE**



1

**Meatloaf w/gravy
New Potatoes
Green Beans
Whole Grain Bread
Apple Sauce**

2

**Beef Chili
Corn
Tossed Salad
Orange
Cornbread**

5

**Golden Crispy Chicken
Mashed Sweet Potatoes
Spinach
Apple
Dinner Roll**

6

**Beef Lasagna
Italian Vegetables
Tossed Salad
Peaches
Breadstick**

7

**Chicken & Dumplings
Corn
Green Beans
Banana
Biscuit**

8

**Copper Country Pie
Mixed Vegetables
Corn Bread Topping
Tossed Salad
Pineapple**

9

**Sweet & Sour Chicken
Asian Vegetables
Whole Grain Rice
Orange
Whole Wheat Bread**

12

**Swedish Meatballs
Rice
Mixed Vegetables
Corn
Apple
Whole Grain Bread**

13

**Potluck
Chicken Salad Sandwich**

14

**Baked Cod
Macaroni & Cheese
Brussel Sprouts
Banana
Dinner Roll
Heart Cookie**

15

**Hamburger w/cheese
Hamburger Bun
Potato Salad
Carrots
Apple Sauce**

16

**Cheese Ravioli
Italian Vegetables
Tossed Salad
Breadstick
Orange**

19

CLOSED



20

**Sloppy Joe
Hamburger Bun
Three Bean Salad
Carrots
Apple**

21

**Chicken Ala King
Green Beans
White Rice
Banana
Biscuit**

22

**Spaghetti w/ Meat Sauce
Italian Vegetables
Tossed Salad
Breadstick
Peaches**

23

**Sweet Potato Encrusted
Pollock
Capri Vegetables
Macaroni Salad
Orange
Tartar Sauce**

26

**Hot Dog
Bun
Cole Slaw
Baked Beans
Apple**

27

**Macaroni & Cheese
Stewed Tomatoes
Green Beans
Pineapple
Dinner Roll**

28

**Stuffed Steak
Mashed Potatoes
Mixed Vegetables
Banana
Whole Wheat Bread**

29

**Pulled BBQ Chicken Sandwich
Hamburger Bun
Potato Salad
Brussel Sprouts
Apple Sauce**