

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
2024 NOVEMBER MENU-COMMERCE**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**HOT LUNCH \$3.50**



**PLEASE CALL 24 HOURS IN  
ADVANCE TO CANCEL MEALS  
248-926-0063**

**MENU SUBJECT TO CHANGE  
WITHOUT NOTICE**



**1**

**Italian Meatball Sub  
Sub Bun  
Italian Vegetables  
Coleslaw  
Orange**

**4**

**Chicken Leg  
Potato Wedges  
Peas & Carrots  
Apple  
Dinner Roll**

**5**

**CLOSED**

**6**

**Copper Country Pie  
Mixed Vegetables  
Corn Bread Topping  
Tossed Salad  
Banana**

**7**

**Chicken Parmesan  
Noodles  
Italian Vegetables  
Tossed Salad  
Peaches**

**8**

**Grilled Turkey Burger  
Hamburger Bun  
Baked Beans  
Coleslaw  
Orange**

**11  
CLOSED**



**12**

**POTLUCK  
Swiss Steak**

**13**

**Roast Turkey w/ Gravy  
Cornbread Stuffing  
Green Beans  
Mashed Potatoes  
Dinner Roll  
Pumpkin Pie**

**14**

**Baked Ziti  
Italian Vegetables  
Tossed Salad  
Peaches  
Breadstick**

**15**

**Hamburger w/cheese  
Hamburger Bun  
Potato Salad  
Broccoli  
Orange**

**18**

**Grilled Chicken Sandwich  
Hamburger Bun  
Three Bean Salad  
Carrots  
Apple**

**19**

**Cheese Ravioli  
Italian Vegetables  
Tossed Salad  
Breastick  
Apple Sauce**

**20**

**Beef Chili  
Corn  
Coleslaw  
Banana  
Cornbread**

**21**

**Lemon Pepper Chicken  
Rice Pilaf  
Broccoli  
Tossed Salad  
Whole Grain Bread  
Mixed Fruit**

**22**

**Gyro  
w/tomato & onion  
Tzatziki Sauce  
Coleslaw  
Pita Bread  
Orange**

**25**

**Pepperoni Calzone  
Italian Vegetables  
Coleslaw  
Apple**

**26**

**THEME  
Roast Turkey w/ Gravy  
Green Beans  
Mashed Potatoes  
Pears  
Dinner Roll**

**27**

**CLOSED**

**28**






**CLOSED**



**29**

**CLOSED**

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
2024 NOVEMBER MENU-SANDWICH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p align="center">SACK LUNCH \$3.50</p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
				<p align="center">1</p> <p align="center">CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</p>
<p align="center">4</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</p>	<p align="center">5</p> <p align="center">CHICKEN LEG ROLL CUCUMBER &amp; TOMATO SALAD PEACHES MILK</p>	<p align="center">6</p> <p align="center">CORNED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</p>	<p align="center">7</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE &amp; PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	<p align="center">8</p> <p align="center">TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</p>
<p align="center">11</p> <p align="center">CLOSED</p> 	<p align="center">12</p> <p align="center">GRILLED CHICKEN SANDWICH LETTUCE &amp; CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</p>	<p align="center">13</p> <p align="center">ROAST BEEF SANDWICH LETTUCE &amp; CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</p>	<p align="center">14</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE &amp; AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</p>	<p align="center">15</p> <p align="center">CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</p>
<p align="center">18</p> <p align="center">ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</p>	<p align="center">19</p> <p align="center">CHICKEN LEG ROLL CUCUMBER &amp; TOMATO SALAD PEACHES MILK</p>	<p align="center">20</p> <p align="center">CORNED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK</p>	<p align="center">21</p> <p align="center">SLICED TURKEY SANDWICH LETTUCE &amp; PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</p>	<p align="center">22</p> <p align="center">TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</p>
<p align="center">25</p> <p align="center">HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</p>	<p align="center">26</p> <p align="center">GRILLED CHICKEN SANDWICH LETTUCE &amp; CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</p>	<p align="center">27</p> <p align="center">ROAST BEEF SANDWICH LETTUCE &amp; CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</p>	<p align="center">28</p> <p align="center">CLOSED</p> 	<p align="center">29</p> <p align="center">CLOSED</p>