SENIOR NUTRITION PROGRAM - MEALS ON WHEELS 2024 APRIL MENU- COMMERCE

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PAYMENT DUE WITH ORDER HOT LUNCH \$3.50	April	PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
2	3	4	5
Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pears	Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Carrots Banana	Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Peaches	Gyro w/tomato & onion Tzatziki Sauce Coleslaw Pita Bread Orange
9	10	11	12
<u>POTLUCK</u> Ham	Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana	Swedish Meatballs Rice Mixed Vegetables Corn Apple Sauce Whole Wheat Bread	Chicken & Dumplings Coleslaw Peas & Carrots Orange Dinner Roll
16	17	18	19
Chicken Parmesan Noodles Italian Vegetables Tossed Salad Pears	Chef Salad Plate w/ham & turkey Mixed Greens Pita Bread Banana	Chicken Ala King Green Beans White Rice Peaches Biscuit	Pepperoni Calzone Italian Vegetables Coleslaw Orange
23	24	25	26
Cheese Ravioli Italian Vegetables Tossed Salad Dinner Roll Pineapple	Greek Chicken Salad w/beets, onions, olives, feta Mixed Greens Pita Bread Banana	Copper Country Pie Corn Bread Topping Mixed Vegetables Apple Sauce	Sweet Potato Encrusted Pollock Capri Vegetables Macaroni Salad Orange Tartar Sauce
30			
<u>THEME</u> Chicken & Dumplings Coleslaw Peas & Carrots Orange			
	PAYMENT DUE WITH ORDER HOT LUNCH \$3.50 2 Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pears 9 POTLUCK Ham 16 Chicken Parmesan Noodles Italian Vegetables Tossed Salad Pears 23 Cheese Ravioli Italian Vegetables Tossed Salad Dinner Roll Pineapple 30 THEME Chicken & Dumplings Coleslaw Peas & Carrots	PAYMENT DUE WITH ORDER HOT LUNCH \$3.50 2 Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pears 9 10 Chicken Salad Plate W/celery, grapes & onions Mixed Greens Pita Bread Banana 16 Chicken Parmesan Noodles Italian Vegetables Tossed Salad Pears 23 Cheese Ravioli Italian Vegetables Tossed Salad Dinner Roll Pineapple 23 Cheese Ravioli Italian Vegetables Tossed Salad Dinner Roll Pineapple 30 THEME Chicken & Dumplings Coleslaw Peas & Carrots	PAYMENT DUE WITH ORDER HOT LUNCH \$3.50 2 Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pears 9 10 Chicken Salad Plate W/celery, grapes & onions Mixed Greens Pita Bread Banana 16 Chicken Parmesan Noodles Italian Vegetables Tossed Salad Pears Cheese Ravioli Italian Vegetables Tossed Salad Dinner Roll Pineapple 30 THEME Chicken & Dumplings Colesiaw Peas & Carrots PILEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063 MENU SUBJECT TO CHANGE WITHOUT NOTICE Stuffed Cabbage Mashed Potatoes Peas Mashed Potatoes Peas Whole Wheat Bread Pearhes Mixed Greens Pita Bread Pears Green Beans White Rice Peaches Pita Bread Pearhes Pita Bread Dinner Roll Pineapple 30 THEME Chicken & Dumplings Colesiaw Peas & Carrots

SENIOR NUTRITION PROGRAM - MEALS ON WHEELS 2024 APRIL MENU- SANDWICH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SACK LUNCH \$3.50	April	PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
1	2	3	4	5
HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK	GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK	ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK	ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK	CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK
8	9	10	11	12
ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK	CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK	CORNED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK	SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK	TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK
15	16	17	18	19
HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK	GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK	ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK	ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK	CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK
22	23	24	25	26
ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK	CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK	CORNED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK	SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK	TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK
29 HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK	30 GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK			